

NEWS RELEASE

SEAHAWKS HOST THE SAN FRANCISCO 49ERS AT LUMEN FIELD

2026 SCHEDULE

PRESEASON (0-2-1)

Day	Date	Opponent	W/L/T	Score
Sat.	8/15	Dallas	L	17-7
Sun.	8/23	at Tennessee	L	19-16
Fri.	8/28	at Kansas City	T	9-9

REGULAR SEASON (3-1)

Day	Date	Opponent	Time (PT)	TV
Wed.	9/9	New England	W	13-10
Sun.	9/20	at Arizona	W	31-7
Sun.	9/27	at Washington	L	33-31
Sun.	10/4	L.A. Chargers	W	30-23
Sun.	10/11	San Francisco	1:25 p.m.	FOX
Thu.	10/15	at Denver	5:15 p.m.	Prime
Sun.	10/25	Kansas City*	5:20 p.m.	NBC
Mon.	11/2	Chicago	5:15 p.m.	ESPN
Sun.	11/8	Arizona*	1:25 p.m.	FOX
Sun.	11/15	at Las Vegas*	1:05 p.m.	CBS
Sun.	11/22	Bye Week		
Sun.	11/29	at San Francisco*	1:25 p.m.	FOX
Mon.	12/7	Dallas*	5:15 p.m.	ESPN
Sun.	12/13	N.Y. Giants*	1:25 p.m.	FOX
Sat.	12/19	at Philadelphia	2:00 p.m.	FOX
Fri.	12/25	L.A. Rams	5:15 p.m.	FOX
Sun.	1/3	at Carolina*	10:00 a.m.	FOX
TBD	TBD	at L.A. Rams	TBD	TBD

* Game time subject to NFL Flexible Scheduling

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**AT ARIZONA IN WEEK 2, THE
CARDINALS DID NOT COMPLETE A
PASS FOR 10-PLUS YARDS FOR THE
FIRST TIME SINCE OCTOBER 11, 1987.**



4-0

vs.



3-1

Winners of 26 of their last 32 games, including playoffs, the Seahawks host the 49ers at Lumen Field this Sunday. Kickoff is set for 1:25 p.m. (PT).

This will be the 55th regular season meeting between the two teams with Seattle leading, 31-23. Following a five-game winning streak by San Francisco from 2022-24, Seattle has won two of the last three meetings, and also defeated the 49ers, 41-6, in the NFL divisional round last season.

The Seahawks have not allowed the 49ers to score a touchdown in the last eight quarters played, have won nine home games in a row, including post-season, and their 79 home wins since 2012 rank tied for fourth in the NFL.

BROADCAST INFORMATION

TV

Network



(channel 13 in Seattle)

Kevin Burkhardt (play-by-play)

Tom Brady (analyst)

Erin Andrews (sidelines)

Tom Rinaldi (sidelines)

Seahawks

Radio Network



Steve Raible (play-by-play)

Dave Wyman (analyst)

Jen Mueller (sidelines)

Channel 82 or 195

National

Radio



Larry Kahn (play-by-play)

Bryan Walters (analyst)

BROADCAST INFORMATION

Wednesday, October 7

Noon	Head Coach Mike Macdonald press conference
12:15 p.m.	Selected players press conferences; open locker room
1:10 p.m.	Practice

Thursday, October 8

Noon	QB Sam Darnold press conference
12:15 p.m.	Selected players press conferences; open locker room
1:10 p.m.	Practice
3:30 p.m.	Coordinators, assistant coaches available

Friday, October 9

11:25 a.m.	Practice
1:20 p.m.	Coach Macdonald available; open locker room

Saturday, October 10

No media availability

Sunday, October 11

1:25 p.m.	San Francisco vs. Seahawks
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Monday, October 12

TBD

WHAT TO LOOK FOR

TEAM

- * Needs 30 points scored to tie the franchise record (1986, 2015, 2020) with four consecutive games scoring at least 30 points.
- * Has not allowed a 100-yard rusher in 33 consecutive games, including playoffs, a franchise record and longest current streak in the NFL.
- * Has held nine of the last 14 opponents under 20 points, including postseason.
- * Is 26-6 in its last 32 games, including playoffs, with five of those losses by four points or less.
- * Seattle is 15-0, including playoffs, under Mike Macdonald since 2024 when winning the turnover battle.
- * Had a franchise-record 12-game winning streak, including playoffs, snapped in Week 3 at Washington (9/27).
- * Its 16-3 road record since 2024 is the best in the NFL.

MIKE MACDONALD

- * Needs one road win to tie Jim Harbaugh, Matt LaFleur, Sean McVay and John Rauch for fifth-place for the most road wins by a head coach in his first three seasons in NFL history with 17.
- * Became the third head coach in NFL history (George Halas & Guy Chamberlin) to win 12-plus straight games prior to turning 40 years old, including playoffs.

SAM DARNOLD

- * Leads the NFL with 30 wins by a quarterback since 2024.
- * Needs 11 pass attempts to pass Seneca Wallace for ninth-place on Seattle's all-time pass attempts list with 557.
- * Needs 91 pass completions to pass Warren Moon for eighth-place on Seattle's all-time pass completions list with 459.
- * Needs 703 passing yards to pass Warren Moon for eighth-place on Seattle's all-time passing yards list with 5,311.
- * Needs six touchdowns to pass Warren Moon for eighth-place on Seattle's all-time passing touchdowns list with 37.
- * Tied (Jared Goff) with nine fourth-quarter/overtime comebacks since 2024 (4th NFL).

MICHAEL DICKSON

- * His 48.2 career punting average ranks fourth in NFL history.

COOPER KUPP

- * Needs 17 yards to become the 97th player in NFL history to reach 8,500 career receiving yards.
- * Became the 101st player in NFL history to reach 60 career receiving touchdowns.

DEMARCUS LAWRENCE

- * Needs one fumble return for a touchdown to tie Bobby Wagner for the most fumble return-touchdowns in franchise history with three.

JASON MYERS

- * Needs 30 PATs made to pass Norm Johnson and become Seattle's all-time PATs made leader with 334.
- * Needs 19 PAT attempts to pass Norm Johnson and become Seattle's all-time PAT attempts leader with 339.

JARRAN REED

- * Needs 1.0 sack to tie Chris Clemons for eighth-place on Seattle's all-time sacks list with 38.0.

JAXON SMITH-NJIGBA

- * Became the first player in NFL history with at least eight catches, 120 receiving yards and a touchdown reception in each of his team's first three games of a season.
- * Second player in NFL history with at least 120 receiving yards and a touchdown reception in each of his team's first three games of a season (Jerry Rice).
- * Second player in NFL history with at least 25 receptions, 400 receiving yards and six touchdown receptions in his first three games of a season (Marvin Harrison).
- * Fourth player in the Super Bowl era with six touchdown receptions in his first three games of a season (Calvin Johnson, Marvin Harrison, Daryl Turner).
- * Leads the NFL with 15 100-yard games since 2024.
- * Has a reception in 55 consecutive games to begin his Seahawks career, the second-longest streak behind Joey Galloway (71, 1995-99).
- * Needs 86 receptions to pass Bobby Engram for eighth-place on Seattle's all-time receptions list with 400.
- * Needs 120 yards to pass John L. Williams for ninth-place on Seattle's all-time receiving yards list with 4,152.
- * Needs nine touchdowns to pass Brian Blades for eighth-place on Seattle's all-time receiving touchdowns list with 35.
- * His 314 receptions are the most in a player's first four seasons in franchise history.
- * Needs 91 yards to pass Joey Galloway for the second-most receiving yards in a player's first four seasons in franchise history with 4,123.
- * Needs two touchdowns to pass Darrell Jackson for the fifth-most receiving touchdowns in a player's first four seasons in franchise history with 28.
- * Needs 68 receptions to become the fourth player in NFL history with 100 receptions in three of his first four career seasons, joining Brandon Marshall, Amon-Ra St. Brown and Michael Thomas.

SERIES VS. SAN FRANCISCO

REGULAR SEASON: SEAHAWKS LEAD 31-23

September 26, 1976	L		37-21	59,108	September 15, 2013	W		29-3	68,338
October 7, 1979	W	@	35-24	44,592	December 8, 2013	L	@	19-17	69,732
November 25, 1985	L	@	19-6	57,482	November 27, 2014	W	@	19-3	70,799
September 25, 1988	L		38-7	63,382	December 14, 2014	W		17-7	68,526
December 8, 1991	L		24-22	56,711	October 22, 2015	W	@	20-3	70,799
December 21, 1997	W		38-9	66,253	November 22, 2015	W		29-13	68,993
October 14, 2002	L		28-21	66,420	September 25, 2016	W		37-18	69,010
December 1, 2002	L	@	31-24	67,594	January 1, 2017	W	@	25-23	70,178
October 12, 2003	W		20-19	66,437	September 17, 2017	W		12-9	68,729
December 27, 2003	W	@	24-17	67,840	November 26, 2017	W	@	24-13	70,134
September 26, 2004	W		34-0	66,709	December 2, 2018	W		43-16	69,009
November 7, 2004	W	@	42-27	64,423	December 16, 2018	L	@	26-23 ot	68,836
November 20, 2005	W	@	27-25	63,590	November 11, 2019	W	@	27-24 ot	71,404
December 11, 2005	W		41-3	66,690	December 29, 2019	L		26-21	69,162
November 19, 2006	L	@	20-14	68,367	November 1, 2020	W		37-27	0
December 14, 2006	L		24-14	67,650	January 3, 2021	W	#	26-23	0
September 30, 2007	W	@	23-3	67,651	October 3, 2021	W	@	28-21	68,912
November 12, 2007	W		24-0	68,331	December 5, 2021	W		30-23	68,758
September 14, 2008	L		33-30 ot	67,951	September 18, 2022	L	@	27-7	71,597
October 26, 2008	W	@	34-13	67,504	December 15, 2022	L		21-13	68,957
September 20, 2009	L	@	23-10	69,732	November 23, 2023	L		31-13	68,702
December 6, 2009	W		20-17	67,761	December 10, 2023	L	@	28-16	71,816
September 12, 2010	W		31-6	67,044	October 10, 2024	L		36-24	68,768
December 12, 2010	L	@	40-21	69,732	November 17, 2024	W	@	20-17	71,751
September 11, 2011	L	@	33-17	69,732	September 7, 2025	L		17-13	68,752
December 24, 2011	L		19-17	66,697	January 3, 2026	W	@	13-3	71,836
October 18, 2012	L	@	13-6	69,732	# Played at State Farm Stadium in Glendale, Ariz.				
December 23, 2012	W		42-13	68,161					

HEAD-TO-HEAD COMPARISON

2026 REGULAR SEASON	SEAHAWKS	49ERS
Record	3-1	4-0
Total Yards Gained	1,389	1,556
Total Offense (NFL Rank)	347.3 (13)	389.0 (7)
Rush Offense	110.3 (13)	137.3 (6)
Pass Offense	237.0 (14)	251.8 (8)
Points Per Game	26.3 (T10)	30.5 (T2)
Total Yards Allowed	987	1,235
Total Defense	246.8 (1)	308.8 (7)
Rush Defense	102.0 (T11)	99.8 (9)
Pass Defense	144.8 (1)	209.0 (11)
Points Allowed/Game	18.3 (5)	16.0 (3)
Possession Avg.	29:57	28:30
Sacked/Yds. Lost	6/48	0/0
Sacks Made/Yds. Lost	11/66	6/23
Interceptions By	6	1
Penalties/Yds.	35/327	17/173
Punts/Avg.	18/44.0	11/49.1
Turnover Differential	+3 (T4)	+1 (T14)

2026 STAT LEADERS

	SEAHAWKS	49ERS
Rushing	Emanuel Wilson 190 (53-3.6-1)	Christian McCaffrey 218 (50-4.4-4)
Passing	Sam Darnold 560 (69-45-6-3-101.1)	Brock Purdy 1,007 (113-79-11-1-126.3)
Receiving	Jaxon Smith-Njigba 32 (481-15.0-6)	Mike Evans 17 (213-12.5-2)
Scoring (Non kicker)	Jaxon Smith-Njigba 36	Kittle & McCaffrey 24
Sacks	Leonard Williams 3.0	Keion White 2.0
Int.	Julian Love 2	Renardo Green 1
Punting	Michael Dickson 44.0/42.9 net (8 In 20)	Corliss Waitman 49.1/43.8 net (4 In 20)
Kicking	Jason Myers 27 (5/5 FG, 12/13 PAT)	Eddie Pineiro 26 (4/6 FG, 14/16 PAT)

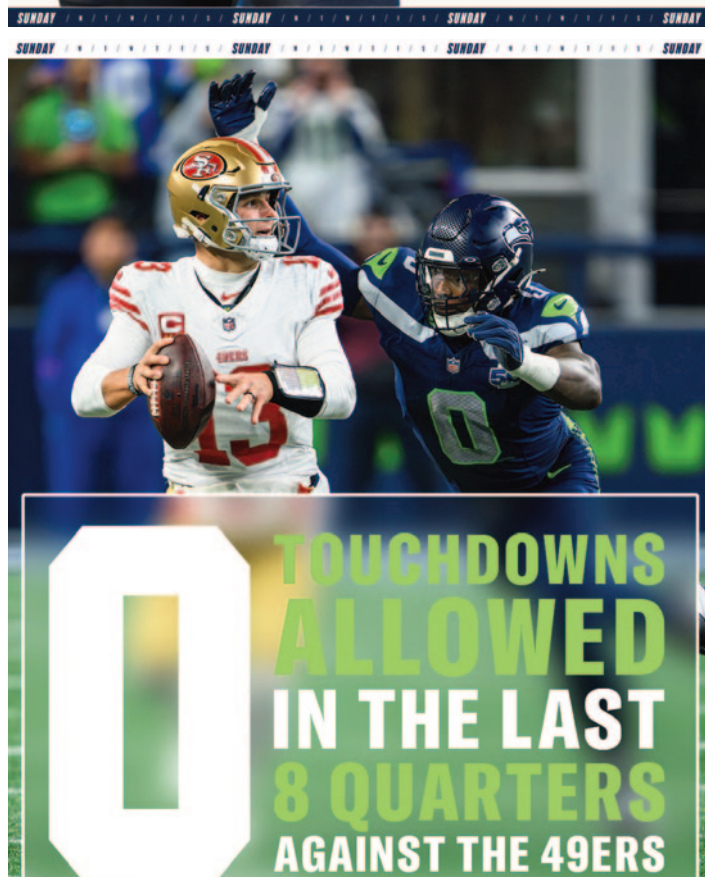
SERIES VS. SAN FRANCISCO

TOP SINGLE-GAME PERFORMANCES

Record in Seattle	16-12
Kingdome	1-3
Lumen Field	15-9
Record at San Francisco	15-11
Candlestick Park	6-8
Levi's Stadium	8-3
State Farm Stadium (COVID-19)	1-0
Current Streaks	Seattle won the last meeting
Longest Win Streaks	
Seahawks	9, 2014-18
49ers	5, 2022-24
Last Game Played in...	
Seattle	49ers 17, Seahawks 13 (9/7/25)
San Francisco	Seahawks 13, 49ers 3 (1/3/26)
Total Points in Series	
Seahawks	1,248 (23.1)
49ers	1,035 (19.2)
Largest Margin of Victory	
Seahawks	38 points, 41-3 (12/11/05)
49ers	31 points, 38-7 (9/25/88)
Combined Points	
Highest	69 (Seahawks win 42-27 on 11/7/04)
Lowest	16 (Seahawks win 13-3 on 1/3/26)
Shutouts	
Seahawks	34-0 (9/26/04) & 24-0 (11/12/07)
49ers	None
Mike Macdonald vs. 49ers (Regular Season)	2-2
With Seattle	2-2
Playoffs	1-0
Kyle Shanahan vs. Seahawks (Regular Season)	8-10
With San Francisco	8-10
Playoffs	1-1

TOP SINGLE-GAME PERFORMANCES

	SEAHAWKS	49ERS
Rushing Yards	Thomas Rawls 30-209-7.0-1 11/22/15	Frank Gore 24-212-8.8-0 11/19/06
Passing Yards	Matt Hasselbeck 55-30-427-3-2 12/1/02	Nick Mullens 48-30-414-2-1 12/2/18
Receiving Yards	Doug Baldwin 8-164-20.5-1 9/25/16	George Kittle 9-181-20.1-2 12/5/21



TEAM NOTES

HAS HELD **NINE** OF THE
LAST **14** OPPONENTS
UNDER 20 POINTS,
INC. PLAYOFFS



26-6

**BEST
RECORD**

IN THE NFL OVER
THE LAST 32 GAMES
INCLUDING PLAYOFFS



SEAHAWKS DEFENSE



POINTS ALLOWED
18.3 PPG
1ST NFL



YARDS ALLOWED
246.8 YPG
1ST NFL



PASS YARDS ALLOWED
144.8 YPG
1ST NFL



**SIX
INTERCEPTIONS**
1ST NFL

TEAM DEFENSE

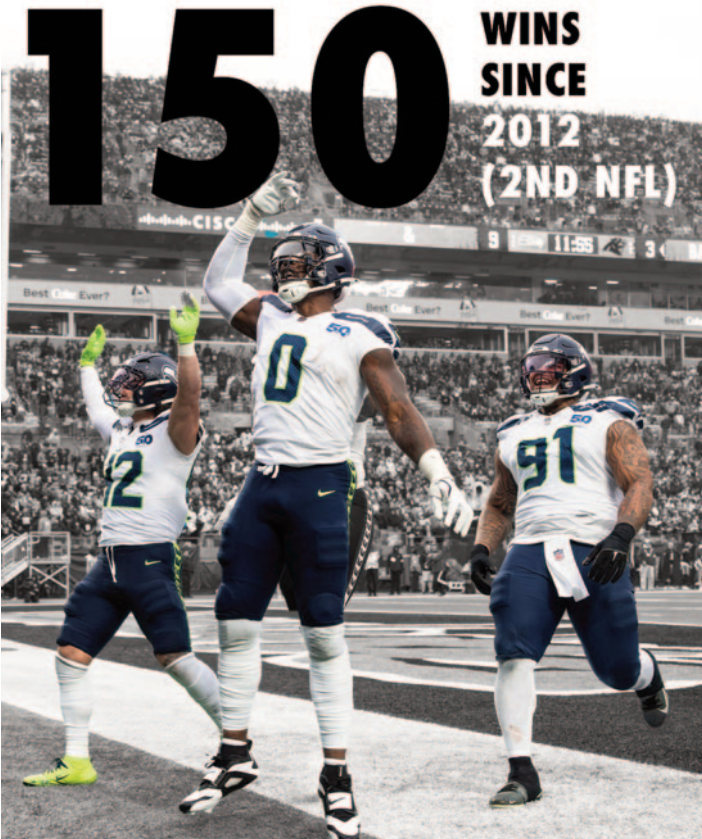
LONGEST STREAK IN THE NFL



NOT ALLOWED A 100-YARD RUSHER IN
33 CONSECUTIVE GAMES
INCLUDING PLAYOFFS
LONGEST STREAK IN CLUB HISTORY

TEAM NOTES

150 WINS SINCE 2012 (2ND NFL)

A photograph of three Seattle Seahawks players in white jerseys celebrating on the field. The player in the center is wearing jersey number 0, and the player on the right is wearing jersey number 91. They are all raising their arms in celebration.

21 WINS SINCE 2024 12ND IN NFL

A photograph of a group of Seattle Seahawks players in white jerseys celebrating on the field. They are all raising their arms in celebration.

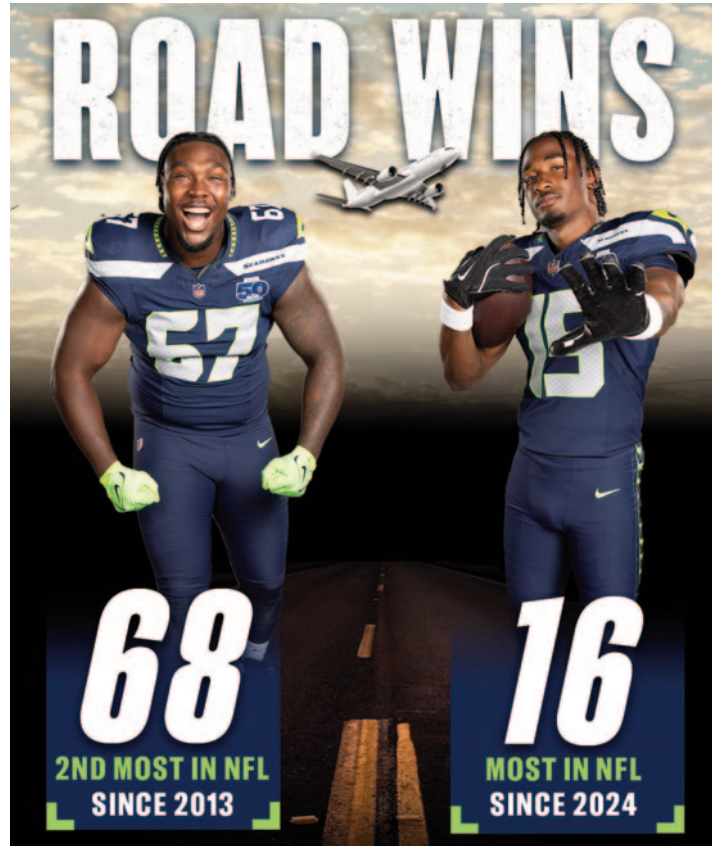
79 HOME WINS SINCE 2012 14th IN NFL

A photograph of two Seattle Seahawks players in blue jerseys running with the ball. The player on the left is wearing jersey number 11, and the player on the right is wearing jersey number 21.

ROAD WINS

68 2ND MOST IN NFL SINCE 2013

16 MOST IN NFL SINCE 2024

A photograph of two Seattle Seahawks players in blue jerseys running with the ball. The player on the left is wearing jersey number 57, and the player on the right is wearing jersey number 13. They are both running towards the right side of the frame.

TEAM NOTES



24

DOUBLE-DIGIT
LOSSES
SINCE
WEEK 10
OF 2011

FEWEST IN NFL



WHEN WINNING THE **TURNOVER BATTLE**
SINCE 2024 INCLUDING PLAYOFFS



JARRAN
REED

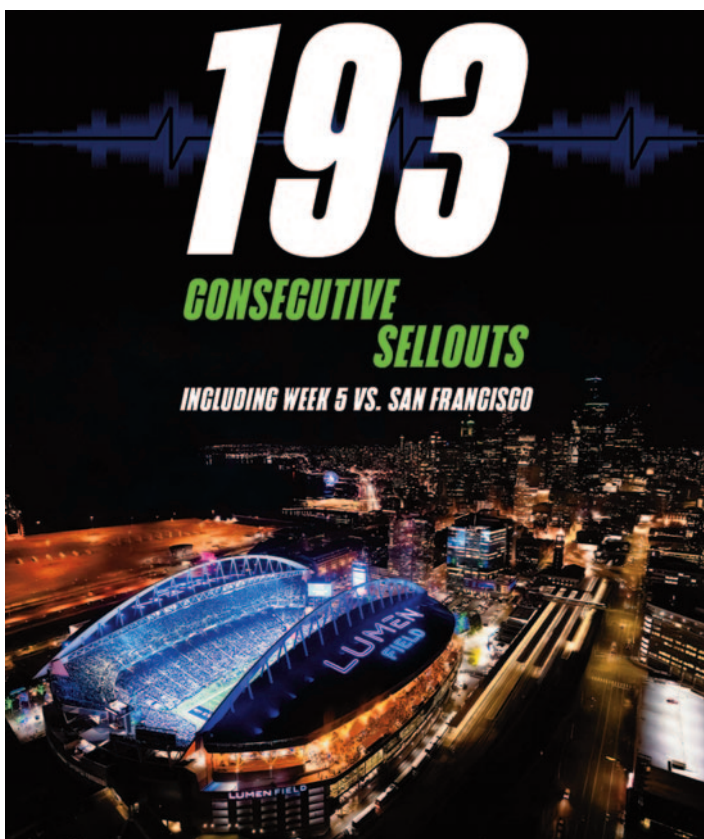
SINCE 2018

25-8

RECORD IN THE
EASTERN TIME ZONE

24-6

IN THE LAST 30
10 A.M. KICKOFFS

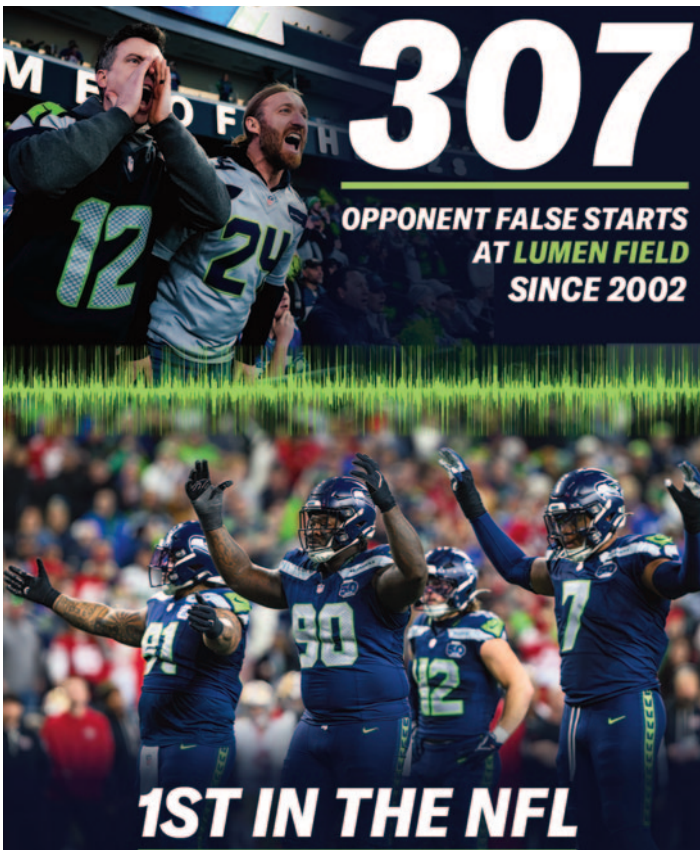


193

CONSECUTIVE
SELLOUTS

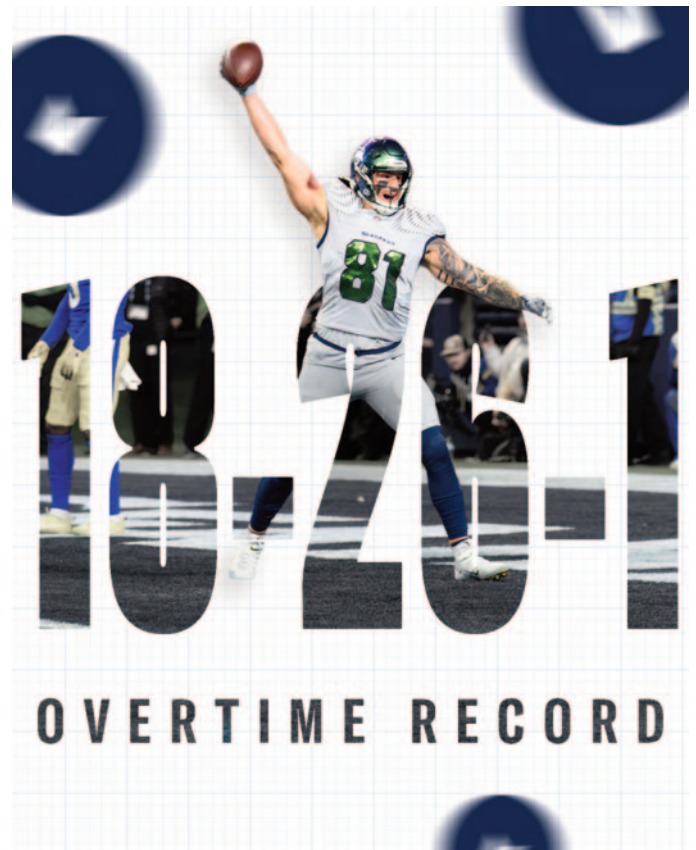
INCLUDING WEEK 5 VS. SAN FRANCISCO

TEAM NOTES



307
OPPONENT FALSE STARTS
AT LUMEN FIELD
SINCE 2002

1ST IN THE NFL



10-70-1
OVERTIME RECORD

**PRIMETIME RECORD
SINCE 2010 (1st NFL)**

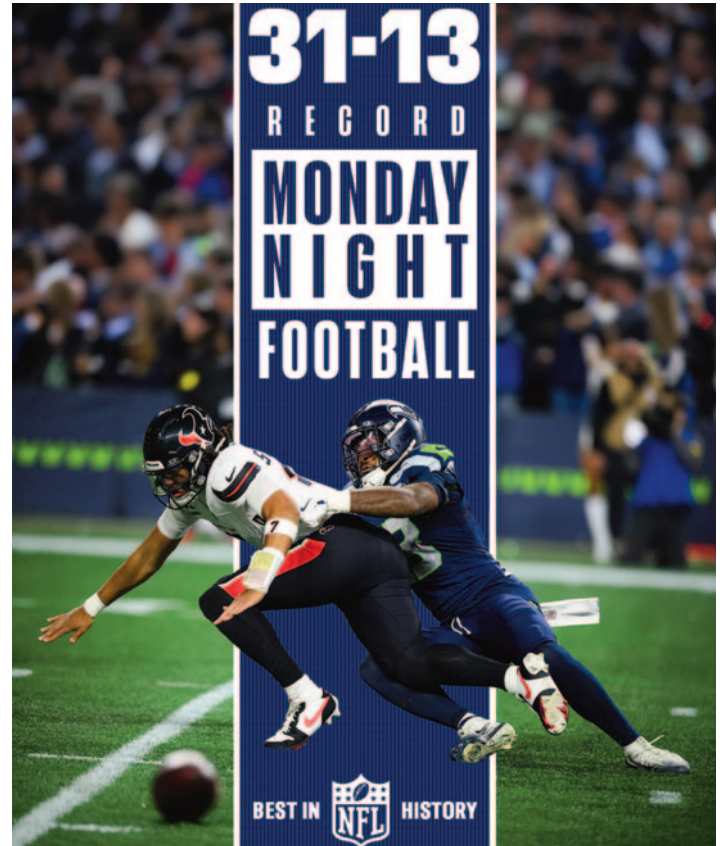
42-19-1

**PRIMETIME
AT HOME**

27-9



31-13
RECORD
**MONDAY
NIGHT
FOOTBALL**



BEST IN NFL HISTORY

TEAM NOTES

3RD

YOUNGEST HEAD COACH
TO WIN A SUPERBOWL



MIKE
MACDONALD

9TH

FIRST-TIME HEAD COACH
TO WIN A CHAMPIONSHIP
IN HIS FIRST TWO SEASONS

17



MIKE
MACDONALD

THE MOST WINS, INCLUDING PLAYOFFS
BY ANY HEAD COACH UNDER THE AGE OF 40
IN A SINGLE SEASON IN NFL HISTORY

**3 INTERCEPTIONS
IN A SINGLE QUARTER
FOR THE FIRST TIME SINCE 2016**

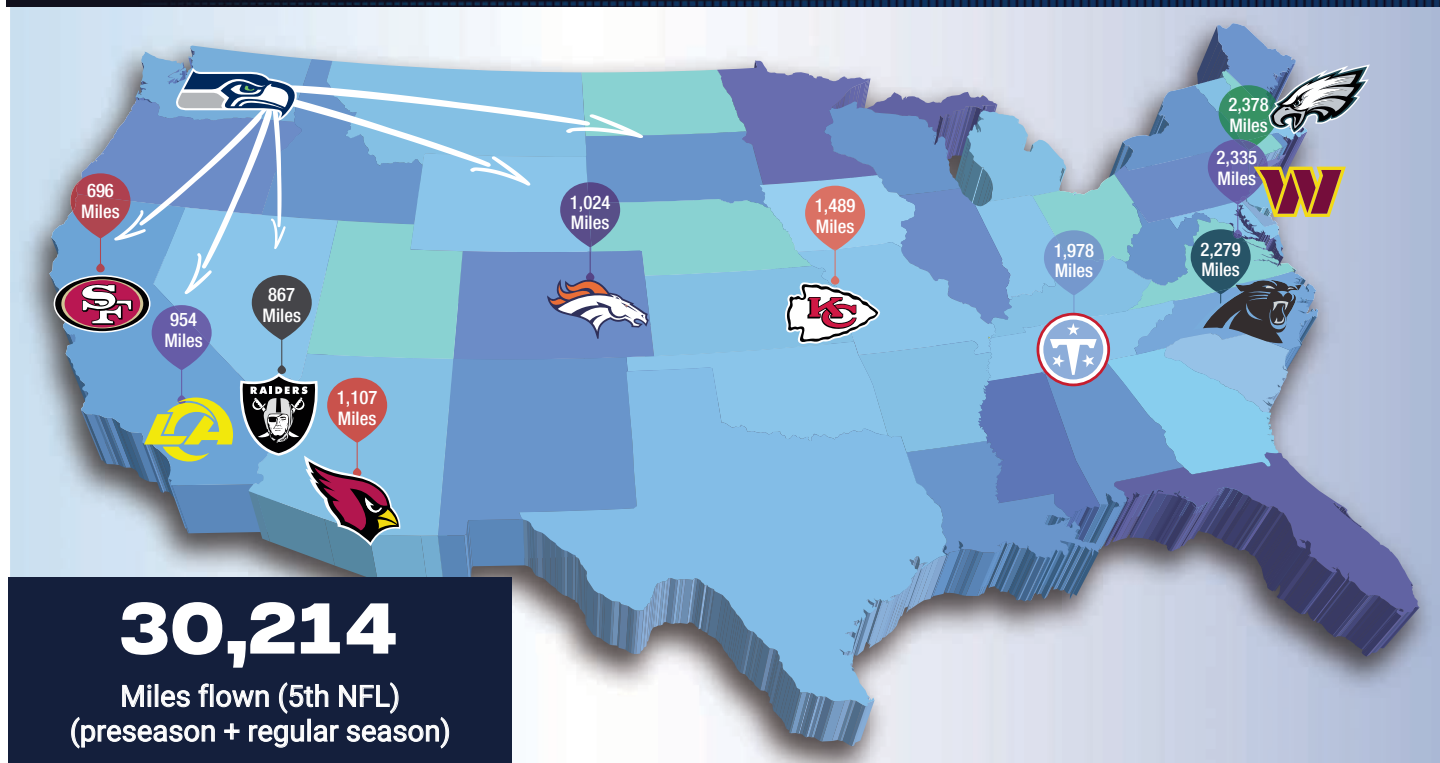


SEPT. 9, 2026 VS NE



**THIRD HEAD COACH IN NFL HISTORY
(GEORGE HALAS & GUY CHAMBERLIN) TO
WIN 12+ STRAIGHT GAMES PRIOR TO TURNING
40 YEARS OLD, INCLUDING PLAYOFFS**

TEAM NOTES



2026 FLIGHT TIMES

Seattle to Tennessee - 3:29
Tennessee to Seattle - 4:04
Seattle to Kansas City - 2:44
Kansas City to Seattle - 3:31
Seattle to Arizona - 2:11
Arizona to Seattle - 2:27
Seattle to Washington - 4:06
Washington to Seattle - 4:49

Seattle to Denver -
Denver to Seattle -
Seattle to Las Vegas -
Las Vegas to Seattle -
Seattle to San Francisco -
San Francisco to Seattle -
Seattle to Philadelphia -
Philadelphia to Seattle -

Seattle to Carolina -
Carolina to Seattle -
Seattle to L.A. Rams -
L.A. Rams to Seattle -

LARGEST COMEBACKS IN FRANCHISE HISTORY

POINTS	OPPONENT	SCORE	RESULT
21	vs. Tampa Bay (11/3/13)	Trail 21-0	Won 27-24 (ot)
20	at Denver (12/10/95)	Trail 20-0	Won 31-27
18	at Oakland (12/14/97)	Trail 21-3	Won 22-21
18	vs. Pittsburgh (11/8/81)	Trail 21-3	Won 24-21
17	at Houston (9/29/13)	Trail 20-3	Won 23-20 (ot)
17	vs. Detroit (11/8/09)	Trail 17-0	Won 32-20

PLAYER NOTES



205

FIELD GOALS MADE

MOST IN FRANCHISE HISTORY

JASON MYERS
THIS CITY LIVES FOR **SUNDAY**




JASON MYERS

36 CAREER FIELD GOALS MADE FROM 50+ YARDS
FRANCHISE RECORD

8 CAREER GAME-WINNING FIELD GOALS




13

40+ YARD TOUCHDOWNS SINCE 2022 (1ST IN NFL)




AJ BARNER

11-12
IN SHORT YARDAGE SITUATIONS

BARNYARD

PLAYER NOTES

JAXON SMITH-NJIGBA

FIRST

WIDE RECEIVER
IN NFL HISTORY WITH

8 CATCHES

120 RECEIVING
YARDS

1 TOUCHDOWN
RECEPTION

IN EACH OF HIS TEAM'S FIRST
THREE GAMES OF A SEASON

**SECOND PLAYER
ALL-TIME WITH AT LEAST**

25
RECEPTIONS

400
RECEIVING YARDS

6 TOUCHDOWN
RECEPTIONS



**IN EACH OF HIS FIRST THREE
GAMES OF A SEASON**

MARVIN HARRISON SR. (1999)

4TH

PLAYER IN
THE SUPER
BOWL ERA
WITH **SIX**
TOUCHDOWN
RECEPTIONS
IN HIS FIRST
THREE GAMES

CALVIN JOHNSON
MARVIN HARRISON
DARYL TURNER



JSN

**SECOND
PLAYER
TO EVER HAVE**

120+
RECEIVING YARDS
AND AT LEAST

ONE

RECEIVING TOUCHDOWN
IN EACH OF HIS
FIRST THREE
GAMES OF A SEASON

JERRY RICE (1989)



PLAYER NOTES



SINCE 2024

**251 RECEPTIONS
(4TH NFL)**

**3,404 YARDS
(1ST NFL)**

**15 100-YARD
GAMES
(1ST NFL)**

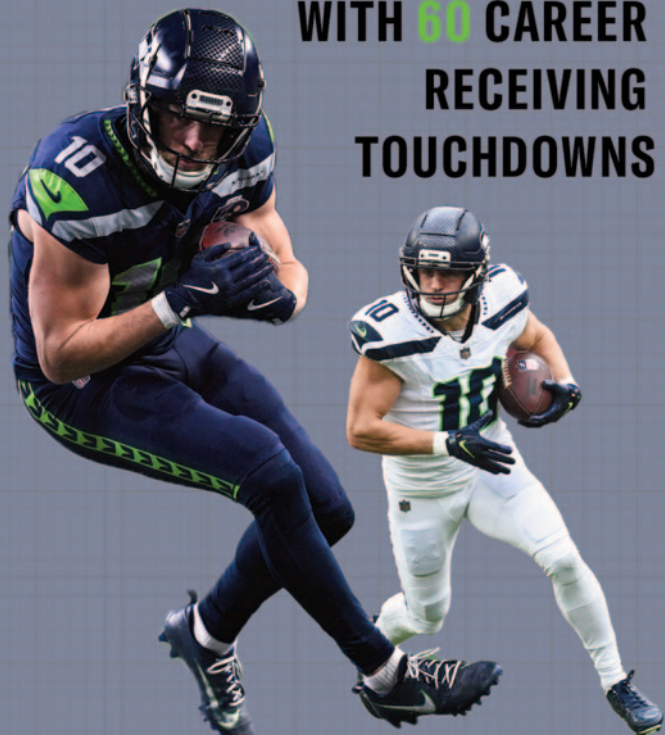


***MOST RECEPTIONS
IN A PLAYER'S
FIRST FOUR
SEASONS IN
FRANCHISE
HISTORY***

314



101ST PLAYER IN NFL HISTORY
WITH **60** CAREER
RECEIVING
TOUCHDOWNS



**MOST GAMES
WON**

**BY A STARTING
QUARTERBACK
SINCE 2024**

30

WINS



PLAYER NOTES

JAXON

SMITH-NJIGBA

2026 SEASON

32

RECEPTIONS (4TH NFL)

481

RECEIVING YARDS (3RD NFL)

6

RECEIVING TOUCHDOWNS (1ST NFL)

15.0

RECEIVING YARD AVG.
(4TH NFL, MIN. 20 REC.)

7

20-YARD RECEPTIONS (T2ND NFL)

25

RECEIVING FIRST DOWNS
(T2ND NFL)



SMITH-NJIGBA IN 2025

SINGLE-SEASON FRANCHISE RECORD

JAXON SMITH-NJIGBA

119

RECEPTIONS

1,793

RECEIVING
YARDS

JAXON
SMITH-
NJIGBA

SINGLE-SEASON FRANCHISE RECORD

NINE

MOST

100

-YARD

RECEIVING GAMES
IN A SEASON



FRANCHISE RECORD

FIRST PLAYER
IN NFL HISTORY
WITH

75+

RECEIVING
YARDS

IN EACH OF HIS FIRST
11 GAMES OF A SEASON



JAXON
SMITH-NJIGBA

PLAYER NOTES

SAM

DARNOLD

2026 SEASON

379

CAREER-HIGH PASSING YARDS
(AT WAS, 9/27)

SINCE 2024

30

GAMES WON BY A STARTING QB
(1ST NFL)

22

100+ PASSER RATING GAMES (3RD NFL)

19

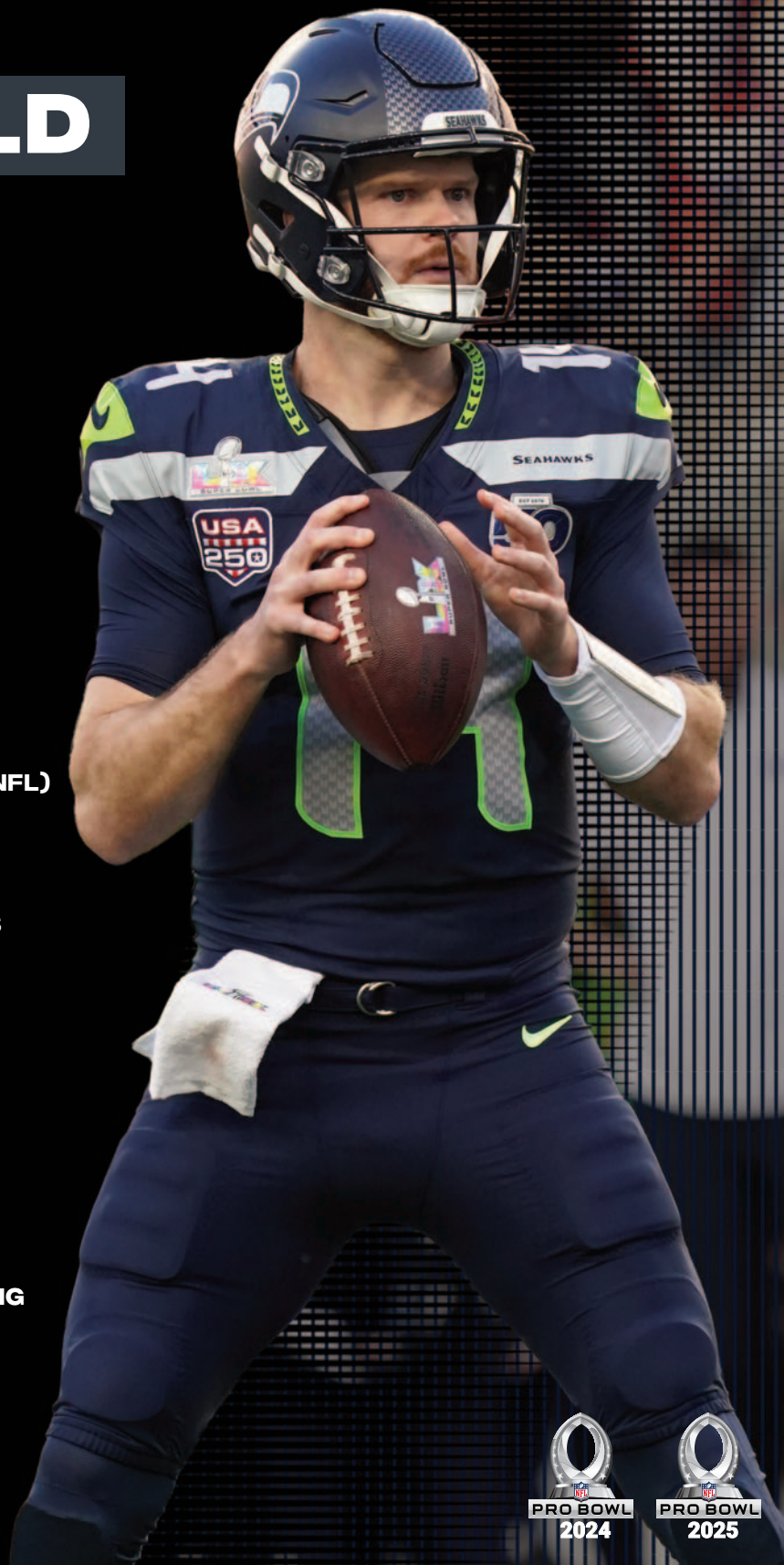
GAMES W/ 100+ RATING & 2 TDS
(T2ND NFL)

9

MOST COMEBACKS IN
FOURTH-QUARTER/OVERTIME
(T4TH NFL)

5

MOST GAMES WITH FOUR PASSING
TOUCHDOWNS (T3RD NFL)



PLAYER NOTES

LEONARD

WILLIAMS

2026 SEASON

3.0

TEAM-LEADING SACKS (T9TH NFL)

5

TEAM-LEADING TACKLES FOR LOSS
(T7TH NFL)

CAREER HIGHLIGHTS

92

YARD-INTERCEPTION RETURN FOR A
TOUCHDOWN AT N.Y. JETS (12/1/24),
THE LONGEST PICK-SIX BY A DEFENSIVE
LINEMAN IN NFL HISTORY

17.84

MPH REACHED ON INTERCEPTION
RETURN AT N.Y. JETS (12/1/24)

1ST

PLAYER SINCE 1982 WITH MULTIPLE
SACKS, A PICK-SIX AND BLOCKED KICK
IN A SINGLE GAME
(AT N.Y. JETS, 12/1/24)



PRO BOWL
2016

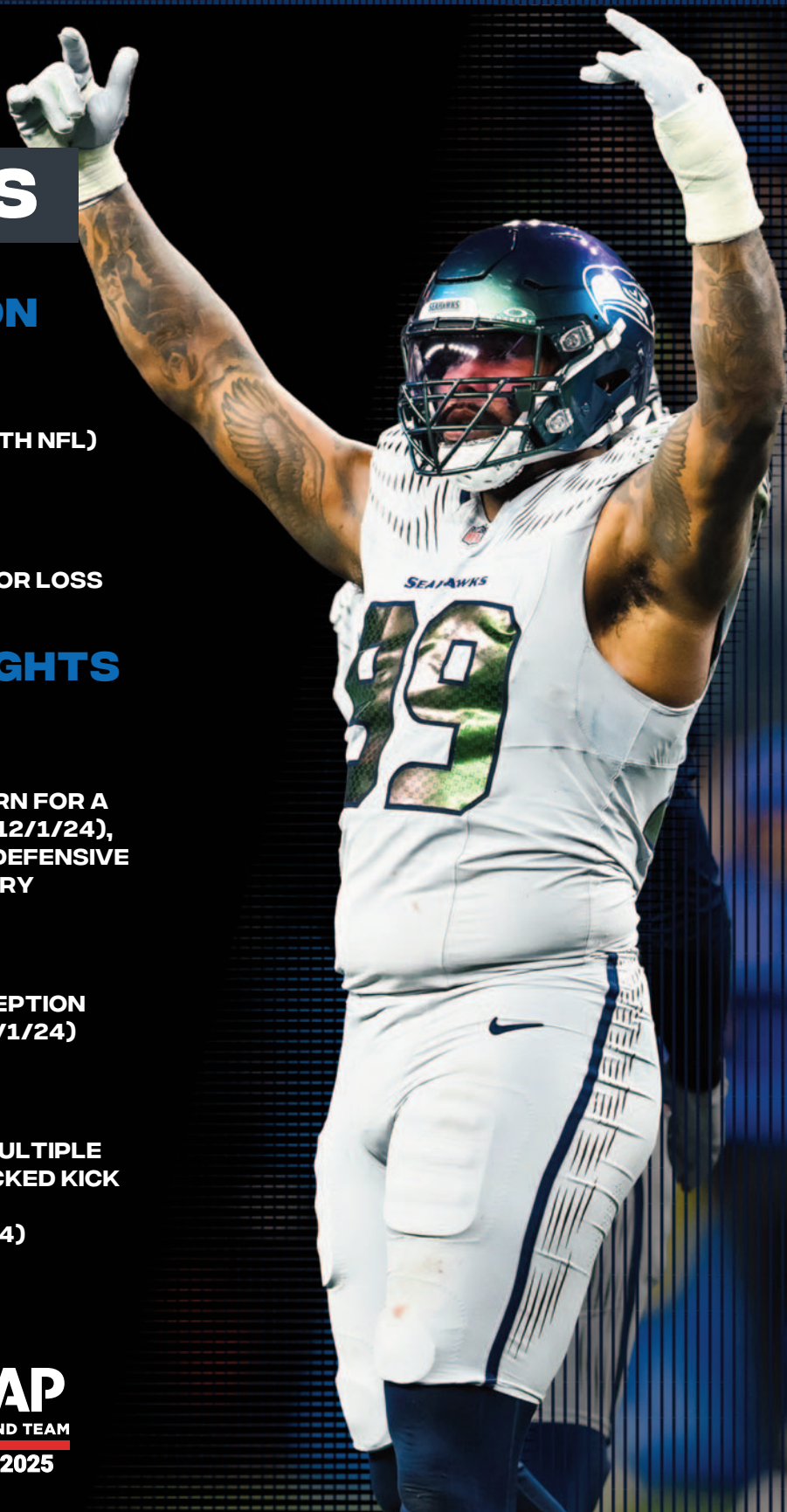


PRO BOWL
2024



PRO BOWL
2025

AP
2ND TEAM
2025



Seattle Seahawks / Week 4 / Through Sunday, October 4, 2026 / Regular Season

Won 3, Lost 1

9/9/2026	W	13 - 10	New England Patriots
9/20/2026	W	31 - 7	at Arizona Cardinals
9/27/2026	L	31 - 33	at Washington Commanders
10/4/2026	W	30 - 23	Los Angeles Chargers

					Seattle	Opponent				
Total First Downs					83	66				
Rushing					21	22				
Passing					52	32				
Penalty					10	12				
3rd Down: Made/Att					14/45	16/56				
3rd Down Pct.					31.1%	28.6%				
4th Down: Made/Att					2/5	6/6				
4th Down Pct.					40.0%	100.0%				
Possession Avg.					29:57	30:03				
Total Net Yards					1389	987				
Avg. Per Game					347.3	246.8				
Total Plays					237	247				
Avg. Per Play					5.9	4.0				
Net Yards Rushing					441	408				
Avg. Per Game					110.3	102.0				
Total Rushes					113	112				
Net Yards Passing					948	579				
Avg. Per Game					237.0	144.8				
Sacked/Yards Lost					6/48	11/66				
Gross Yards					996	645				
Attempts/Completions					118/81	124/78				
Completion Pct.					68.6%	62.9%				
Had Intercepted					3	6				
Punts/Average					18/44.0	23/44.7				
Net Punting Avg.					42.9	39.6				
Penalties/Yards					35/327	38/285				
Fumbles/Ball Lost					6/2	2/2				
Touchdowns					13	8				
Rushing					3	1				
Passing					10	6				
Returns					0	1				
Score By Periods					Q1	Q2	Q3	Q4	OT	Pts
Team					14	23	30	38	0	105
Opponents					10	27	17	19	0	73
Scoring	TD	Ru	Pa	Rt	PAT	FG	2Pt	Pts		
J.Smith-Njigba	6	0	6	0	0/0	0/0	0	36		
J.Myers	0	0	0	0	12/13	5/5	0	27		
E.Wilson	2	1	1	0	0/0	0/0	0	12		
A.Barner	1	1	0	0	0/0	0/0	0	6		
T.Horton	1	0	1	0	0/0	0/0	0	6		
C.Kupp	1	0	1	0	0/0	0/0	0	6		
E.Saubert	1	0	1	0	0/0	0/0	0	6		
R.Shaheed	1	1	0	0	0/0	0/0	0	6		
Team	13	3	10	0	12/13	5/5	0	105		
Opponents	8	1	6	1	7/8	6/6	0	73		

2-Pt. Conversions: Team 0/0, Opponents: 0/0
Sacks: L.Williams 3.0, D.Hall 2.0, N.Emmanwori 1.0, U.Nwosu 1.0, E.Jones 1.0, J.Reed 1.0, B.Murphy 1.0, D.Thomas 1.0 **Team: 11.0, Opponents: 6.0**

Rushing		No.	Yds	Avg	Long	TD		
E.Wilson		53	190	3.6	18	1		
J.Price		28	119	4.3	25	0		
G.Holani		22	70	3.2	9	0		
R.Shaheed		3	37	12.3	28t	1		
D.Lock		2	13	6.5	14	0		
S.Darnold		4	11	2.8	8	0		
A.Barner		1	1	1.0	1t	1		
Team		113	441	3.9	28t	3		
Opponents		112	408	3.6	26	1		
Receiving		No.	Yds	Avg	Long	TD		
J.Smith-Njigba		32	481	15.0	82t	6		
C.Kupp		9	114	12.7	24	1		
A.Barner		9	102	11.3	32	0		
R.Shaheed		7	73	10.4	23	0		
G.Holani		7	52	7.4	14	0		
T.Horton		4	54	13.5	17	1		
J.Price		4	21	5.3	8	0		
B.Russell		3	40	13.3	20	0		
E.Wilson		3	39	13.0	23t	1		
E.Saubert		2	3	1.5	13t	1		
E.Arroyo		1	17	17.0	17	0		
Team		81	996	12.3	82t	10		
Opponents		78	645	8.3	44	6		
Interceptions		No.	Yds	Avg	Long	TD		
J.Love		2	0	0.0	0	0		
N.Pritchett		1	30	30.0	30	0		
E.Jones		1	20	20.0	20	0		
J.Job		1	0	0.0	0	0		
D.Thomas		1	0	0.0	0	0		
Team		6	50	8.3	30	0		
Opponents		3	53	17.7	50t	1		
Punting	No	Yds	Avg	Net	TB	In	Lg	B
M.Dickson	18	792	44.0	42.9	1	8	54	0
Team	18	792	44.0	42.9	1	8	54	0
Opponents	23	1029	44.7	39.6	2	10	60	0
Punt Returns		Ret	FC	Yds	Avg	Long	TD	
R.Shaheed		9	11	79	8.8	14	0	
Team		9	11	79	8.8	14	0	
Opponents		2	8	0	0.0	0	0	
Kickoff Returns		No.	Yds	Avg	Long	TD		
R.Shaheed		10	273	27.3	36	0		
T.Horton		1	29	29.0	29	0		
Team		11	302	27.5	36	0		
Opponents		16	471	29.4	40	0		
Field Goals		1-19	20-29	30-39	40-49	50+		
J.Myers		0/ 0	1/ 1	3/ 3	0/ 0	1/ 1		
Team		0/ 0	1/ 1	3/ 3	0/ 0	1/ 1		
Opponents		0/ 0	0/ 0	3/ 3	1/ 1	2/ 2		
Fumbles Lost: J.Price 2 Total: 2								
Opponent Fumble Recoveries: D.Hall 1, C.O'Toole 1 Total: 2								

Fumbles Lost: J.Price 2 **Total: 2**
Opponent Fumble Recoveries: D.Hall 1, C.O'Toole 1 **Total: 2**

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	Long	Sack	Lost	Rating
S.Darnold	69	45	560	65.2%	8.1	6	8.7%	3	4.3%	32	4/	25	101.1
D.Lock	48	35	422	72.9%	8.8	4	8.3%	0	0.0%	82t	2/	23	127.3
J.Smith-Njigba	1	1	14	100.0%	14.0	0	0.0%	0	0.0%	14	0/	0	118.8
Team	118	81	996	68.6%	8.4	10	8.5%	3	2.5%	82t	6/	48	112.1
Opponents	124	78	645	62.9%	5.2	6	4.8%	6	4.8%	44	11/	66	72.1

DEFENSIVE STATISTICS

	Total	Solo	Assist	Sacks	Yards	TFL	QH	Int	PD	FF	FR
Jones IV, E.	41	21	20	1.0	8.0	1	1	1	2	0	0
Thomas, D.	30	18	12	1.0	2.0	4	2	1	1	0	0
Witherspoon, D.	28	17	11	0	0	2	1	0	0	0	0
Jobe, J.	16	12	4	0	0	1	0	1	1	0	0
Love, J.	14	10	4	0	0	2	0	2	4	0	0
Williams, L.	13	9	4	3.0	13.0	5	6	0	0	0	0
Emmanwori, N.	12	11	1	1.0	11.0	2	2	0	1	0	0
Murphy II, B.	12	5	7	1.0	7.0	2	2	0	0	0	0
Thomas II, R.	12	9	3	0	0	0	0	0	3	0	0
Nwosu, U.	11	6	5	1.0	9.0	2	3	0	2	1	0
Pritchett, N.	10	7	3	0	0	0	0	1	3	0	0
Hall, D.	9	5	4	2.0	9.0	2	6	0	0	0	1
Reed, J.	9	2	7	1.0	7.0	1	3	0	0	0	0
Lawrence, D.	8	3	5	0	0	1	5	0	1	0	0
Mills, R.	6	3	3	0	0	1	0	0	0	0	0
Finley, A.	3	2	1	0	0	0	0	0	0	0	0
Fowler, D.	1	1	0	0	0	0	0	0	0	0	0
Neal, J.	1	1	0	0	0	0	0	0	0	0	0

SPECIAL TEAMS TACKLES

	Total	Solo	Assist	FF	FR	Blocks
Russell, B.	4	3	1	0	0	0
Finley, A.	2	1	1	0	0	0
Morris, M.	2	2	0	0	0	0
O'Connell, P.	2	1	1	0	0	0
O'Toole, C.	2	1	1	0	1	0
Surratt, C.	2	1	1	0	0	0
Foster Jr., M.	1	1	0	0	0	0
Holani, G.	1	1	0	0	0	0
Neal, J.	1	1	0	0	0	0
Pritchett, N.	1	0	1	0	0	0
Saubert, E.	1	1	0	0	0	0
Smith, A.	1	1	0	0	0	0

FUMBLES

	Fum	Lost	Own-Rec	O.B.
Price, J.	2	2	0	0
Saubert, E.	1	0	1	0
Shaheed, R.	2	0	1	0
Surratt, C.	0	0	1	0
Wilson, E.	1	0	1	0

TRANSACTIONS

Jan. 3	Elevated from practice squad	RB Cam Akers	April 30	Signed	CB Michael Dansby
Jan. 5	Reverted to practice squad	CB Tyler Hall			DT Deven Eastern
Jan. 17	Elevated from practice squad	RB Cam Akers			CB Andre Fuller
Jan. 19	Reverted to practice squad	CB Tyler Hall			WR Emmanuel Henderson Jr.
Jan. 23	Placed on injured reserve	RB Velus Jones Jr.			CB Julian Neal
	Activated from reserve	RB Velus Jones Jr.	May 1	Signed	G Beau Stephens
		G Bryce Cabeldue			WR Michael Briscoe
Jan. 24	Elevated from practice squad	RB Zach Charbonnet			LB Devean Deal
Jan. 26	Reverted to practice squad	TE Elijah Arroyo			LB Aidan Hubbard
		RB George Holani			LB Marvin Jones Jr.
Feb. 3	Placed on injured reserve	RB Cam Akers	May 11	Signed	TE Lance Mason
	Activated from reserve	RB Velus Jones Jr.	May 14	Released	DT Uso Seumalo
Feb. 7	Elevated from practice squad	RB Cam Akers		Signed	WR Levi Wentz
Feb. 9	Reverted to practice squad	RB Velus Jones Jr.			LB Dante Fowler
Feb. 12	Signed to 2026 future contract	RB Cam Akers	May 27	Released	WR Michael Briscoe
		WR Tyrone Broden		Traded to N.Y. Jets	LB Devean Deal
		T Logan Brown		Acquired from N.Y. Jets	WR Rashad Rochelle
		WR Montorie Foster	May 29	Signed	WR Trayvon Rudolph
		CB Tyler Hall	June 8	Released	WR Trayvon Rudolph
		S Maxen Hook		Signed	2028 conditional seventh-round pick
		RB Velus Jones Jr.	July 18	Placed on physically unable to perform list	WR Irvin Charles
		C Federico Maranges	July 20	Placed on physically unable to perform list	RB Jadarrian Price
		LB Chris Paul Jr.			WR Levi Wentz
		LB Jamie Sheriff	July 21	Released	T Bobby Hart
Feb. 13	Signed to 2026 future contract	DE J.R. Singleton		Signed	DT Deven Eastern
March 10	Re-signed	NT Bubba Thomas	July 22	Placed on physically unable to perform list	CB Tyrone Broden
March 11	Re-signed	LB Ja'Markis Weston	July 24	Released	S Nick Emmanwori
		WR Ricky White III		Signed	RB Kenny McIntosh
		RB Jacardia Wright	July 27	Released	TE Harrison Bryant
		DE Jalan Gaines	July 29	Signed	CB Brandon Johnson
March 12	Re-signed	CB Josh Jobe	Aug. 1	Waived/injured	RB Zach Charbonnet
		S AJ Finley		Signed	CB Tyrone Broden
		WR Rashid Shaheed	Aug. 4	Released	TE Nick Vannett
		LB Drake Thomas		Signed	RB Kenny McIntosh
		T Josh Jones	Aug. 5	Waived/injured	WR Kyre Duplessis
		FB Brady Russell		Released	LB Ja'Markis Weston
		CB Tyler Hall		Signed	LB Joseph Vaughn
	Released	Keller Chryst			WR Kyre Duplessis
	Named defensive quality control coach	Thomas Hammock			LB Garrett Nelson
	Named senior offensive asst./RBs coach	Zach Orr			CB Brandon Johnson
	Named inside linebackers coach	Daniel Stern			LB Garrett Nelson
	Named pass-game strategist	Johnathan Williams	Aug. 6	Released	RB T.J. Harden
	Named offensive assistant	RB Emanuel Wilson		Signed	CB Jordan Washington
March 13	Signed	S Rodney Thomas II	Aug. 7	Released	TE Lance Mason
March 16	Signed	DT Brandon Pili		Signed	FB Brock Lampe
	Re-signed	RB George Holani	Aug. 8	Released	LB Joseph Vaughn
	Signed exclusive rights tender	CB Noah Igbinoghene		Signed	LB Power Echols
March 17	Signed	WR Cody White	Aug. 11	Placed on injured reserve	LB Power Echols
March 18	Re-signed	LS Chris Stoll		Signed	RB Justin Jones
March 23	Re-signed	WR Jake Bobo	Aug. 19	Released	FB Robbie Ouzts
March 24	Re-signed	CB Shemar Jean-Charles		Signed	LB Aaron Smith
		S D'Anthony Bell	Aug. 21	Released	CB Shemar Jean-Charles
	Signed	WR Jaxon Smith-Njigba		Signed	RB T.J. Harden
March 25	Signed to contract extension	LB Chazz Surratt	Aug. 22	Signed to contract extension	RB Justin Jones
	Re-signed	S Ty Okada		Placed on injured reserve	LB Power Echols
April 20	Signed exclusive rights tender	RB Cam Akers		Signed	RB Anthony Hankerson
April 27	Released	TE Harrison Bryant	Aug. 24	Released	WR Julian Hicks
April 29	Signed				WR Julian Hicks
					CB Trevon Diggs
					CB Devon Witherspoon
					WR Jake Bobo
					WR Julian Hicks
					RB Anthony Hankerson

TRANSACTIONS

Aug. 25 Placed on injured reserve

Signed

Aug. 27 Waived/injured
Claimed off waivers
Signed to contract extension

Aug. 29 Released
Signed

Aug. 30 Traded to L.A. Chargers
Acquired from L.A. Chargers
Terminated veteran contract

Released

Waived/injured

Placed on physically unable to perform
Placed on injured reserve

Aug. 31 Signed to practice squad

S Bud Clark
T/G Mason Richman
T Derrick Graham
S Tysheem Johnson
RB Justin Jones
LB Chris Paul Jr.
T Kellen Diesch
DT Leonard Williams
T Derrick Graham
CB Terrion Arnold
2027 sixth-round draft pick
CB Avery Smith
S D'Anthony Bell
CB Trevon Diggs
T Bobby Hart
CB Noah Igbinoghene
RB Velus Jones Jr.
S Rodney Thomas II
TE Nick Vannett
WR Cody White
T Logan Brown
CB Michael Dansby
T Kellen Diesch
DT Deven Eastern
S AJ Finley
CB Andre Fuller
LB Jalan Gaines
WR Emmanuel Henderson Jr.
WR Julian Hicks
S Maxen Hook
DE Aidan Hubbard
LB Jared Ivey
S Tysheem Johnson
RB Justin Jones
LB Marvin Jones Jr.
C Federico Maranges
WR Rashad Rochelle
DT Uso Seumalo
LB Jamie Sheriff
DT J.R. Singleton
DT Bubba Thomas
CB Jordan Washington
WR Ricky White III
RB Jacardia Wright
Power Echols
T Amari Kight
FB Brock Lampe
LB Aaron Smith
RB Zach Charbonnet
WR Irvin Charles
T Logan Brown
CB Michael Dansby
CB Trevon Diggs
DT Deven Eastern
CB AJ Finley
CB Andre Fuller
WR Emmanuel Henderson Jr.
WR Julian Hicks
S Maxen Hook
DE Aidan Hubbard
LB Marvin Jones Jr.
RB Velus Jones Jr.
C Federico Maranges

Aug. 31 cont.

Sept. 3 Released from practice squad
Signed to practice squad

Sept. 5 Released from practice squad
Signed to practice squad

Sept. 9 Released
Signed from practice squad
Elevated from practice squad

Sept. 10 Reverted to practice squad

Sept. 14 Signed to practice squad

Sept. 19 Elevated from practice squad

Sept. 21 Reverted to practice squad

Sept. 23 Placed on injured reserve
Signed from practice squad
Signed to practice squad
Signed to PS/expt/comm. permission
Sept. 26 Elevated from practice squad

Sept. 28 Reverted to practice squad

Sept. 29 Released from practice squad
Signed to practice squad

Sept. 30 Released from practice squad

Signed to practice squad
Practice squad exemption lifted
Oct. 3 Placed on injured reserve
Signed from practice squad
Elevated from practice squad

Oct. 5 Reverted to practice squad

Oct. 6 Released
Signed from Washington's practice squad
Placed on practice squad/injured reserve
(4,479th transaction since 2010)

DT Uso Seumalo
S Rodney Thomas II
WR Ricky White III
RB Jacardia Wright
DT Uso Seumalo
T Bobby Hart
LB Marvin Jones Jr.
S D'Anthony Bell
G Bryce Cabeldue
S AJ Finley
RB Velus Jones Jr.
S Rodney Thomas II
RB Velus Jones Jr.
S Rodney Thomas II
G Evan Beerntsen
S Rodney Thomas II
S Rodney Thomas II
G Anthony Bradford
S Rodney Thomas II
DT Uso Seumalo
WR Malick Meiga
S Maxen Hook
RB Velus Jones Jr.
S Maxen Hook
RB Velus Jones Jr.
DT Uso Seumalo
DT Gary Smith
S D'Anthony Bell
WR Julian Hicks
LB Jimmy Ciarlo
WR Malick Meiga
RB Jadarrian Price
RB Velus Jones Jr.
CB Trevon Diggs
S Maxen Hook
CB Trevon Diggs
S Maxen Hook
S AJ Finley
RB Robert Henry Jr.
RB Jacardia Wright

PARTICIPATION CHART

Date	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	2026			
Game	9/9	9/20	9/27	10/4	10/11	10/15	10/25	11/2	11/8	11/15	11/29	12/7	12/13	12/19	12/25	1/3		G	S	IN	DNP
	NE	@Ari	@Was	LAC	SF	@Den	KC	Chi	Ari	@LV	@SF	Dal	NYG	@Phi	LAR	@Car	@LAR				
Arroyo, E.	te	te	te	te														4	0	0	0
Barner, A.	TE	TE	TE	TE														4	4	0	0
Bradford, A.	RG	in	ir	ir														1	1	1	0
Cross, C.	LT	LT	LT	LT														4	4	0	0
Darnold, S.	QB	in	QB	QB														3	3	1	0
Dickson, M.	p	p	p	p														4	0	0	0
Diggs, T.	ps	ps	ps	cb														1	0	0	0
Emmanwori, N.	in	s	S	S														3	2	1	0
Finley, A.	dnp	s	S	sub														3	1	0	1
Foster Jr., M.	sub	in	in	in														1	0	3	0
Fowler Jr., D.	lb	lb	lb	lb														4	0	0	0
Hall, D.	lb	LB	lb	lb														4	1	0	0
Haynes, C.	sub	RG	RG	RG														4	3	0	0
Holani, G.	rb	rb	rb	rb														4	0	0	0
Hook, M.	ps	ps	sub	sub														2	0	0	0
Horton, T.	in	wr	wr	wr														3	0	1	0
Jobe, J.	CB	CB	CB	CB														4	4	0	0
Jones, IV, E.	LB	LB	LB	LB														4	4	0	0
Jones, J.	t	t	t	t														4	0	0	0
Jones Jr., V.	sub	ps	sub	rb														3	0	0	0
Kallerup, N.	in	te	te	in														2	0	2	0
Knight, T.	lb	lb	sub	sub														4	0	0	0
Kupp, C.	WR	wr	wr	wr														4	1	0	0
Lawrence, D.	LB	LB	LB	LB														4	4	0	0
Lock, D.	qb	QB	dnp	dnp														2	1	0	2
Love, J.	S	S	in	S														3	3	1	0
Lucas, A.	RT	RT	RT	RT														4	4	0	0
Mills, R.	dt	dt	dt	dt														4	0	0	0
Milroe, J.	in	dnp	in	in														0	0	3	1
Morris, M.	in	in	de	de														2	0	2	0
Murphy II, B.	DT	DT	DT	DT														4	4	0	0
Myers, J.	k	k	k	k														4	0	0	0
Neal, J.	sub	cb	sub	sub														4	0	0	0
Nwosu, U.	lb	lb	lb	lb														4	0	0	0
O'Connell, P.	lb	lb	sub	sub														4	0	0	0
Okada, T.	in	in	in	in														0	0	4	0
Oluwatimi, O.	dnp	fb	t	dnp														2	0	0	2
O'Toole, C.	sub	in	in	sub														2	0	2	0
Pili, B.	dt	sub	in	in														2	0	2	0
Price, J.	RB	RB	RB	ir														3	3	0	0
Pritchett, N.	cb	CB	cb	cb														4	1	0	0
Reed, J.	DE	de	DE	DE														4	3	0	0
Russell, B.	FB	FB	FB	fb														4	3	0	0
Saubert, E.	te	te	te	TE														4	1	0	0
Shaheed, R.	wr	WR	WR	WR														4	3	0	0
Smith, A.	sub	sub	in	in														2	0	2	0
Smith-Njigba, J.	WR	WR	WR	WR														4	4	0	0
Stephens, B.	in	g	g	g														3	0	1	0
Stoll, C.	ls	ls	ls	ls														4	0	0	0
Sundell, J.	C	C	C	C														4	4	0	0
Surratt, C.	sub	lb	sub	in														3	0	1	0
Thomas, D.	LB	LB	LB	LB														4	4	0	0
Thomas II, R.	S	S	S	S														4	4	0	0
Williams, L.	DT	DT	DT	DT														4	4	0	0
Wilson, E.	rb	rb	rb	RB														4	1	0	0
Witherspoon, D.	CB	CB	CB	CB														4	4	0	0
Zabel, G.	LG	LG	LG	LG														4	4	0	0

CAPS - starter; lower case - substitute at position; sub - special teams only; dnp - did not play; in - inactive; ps - practice squad; ir - injured reserve; nfi - non-football injury; sus - suspended; pup - physically unable to perform; exp - exempt

HOW BUILT

Year	By Draft	Trade/Waivers/Practice Squad	Free Agents	By Experience
2026	CB Julian Neal (3)	RB Robert Henry Jr. (PS)	2026	LB DeMarcus Lawrence 13
	G Beau Stephens (5)	CB Avery Smith (T)		LB Dante Fowler Jr. 12
2025	G Grey Zabel (1)	WR Radshid Shaheed (T)	LB Dante Fowler Jr.	K Jason Myers 12
	S Nick Emmanwori (2a)		RB Emanuel Wilson	DT Leonard Williams 12
	TE Elijah Arroyo (2b)		S Rodney Thomas II (UFA)	DT Jarran Reed 11
	QB Jalen Milroe (3)		2025	WR Cooper Kupp 10
	DE Rylie Mills (5a)		QB Sam Darnold (UFA)	QB Sam Darnold 9
	WR Tory Horton (5b)		WR Montorie Foster Jr.	P Michael Dickson 9
2024	DT Byron Murphy II (1)	LB Ernest Jones IV (T)	G/T Josh Jones (UFA)	LB Uchenna Nwosu 9
	G Christian Haynes (3)	NT Brandon Pili (W)	RB Velus Jones Jr.	TE Eric Saubert 9
	LB Tyrice Knight (4a)		TE Nick Kallerup	QB Drew Lock 8
	TE AJ Barner (4b)		WR Cooper Kupp	S Julian Love 8
	CB Nehemiah Pritchett (5)		DE DeMarcus Lawrence (UFA)	T Josh Jones 7
			QB Drew Lock (UFA)	LB Ernest Jones IV 6
2023	CB Devon Witherspoon (1a)	FB Brady Russell (PS)	LB Connor O'Toole	LB Chazz Surratt 6
	WR Jaxon Smith-Njigba (1b)	LB Drake Thomas (W)	TE Eric Saubert	T Charles Cross 5
	LB Derick Hall (2a)	DE Leonard Williams (T)	LB Chazz Surratt	CB Josh Jobe 5
	DE Mike Morris (5a)		2024	RB Velus Jones Jr. 5
	C Olu Oluwatimi (5b)		RB George Holani	T Abraham Lucas 5
			CB Josh Jobe	WR Rashid Shaheed 5
2022	T Charles Cross (1)		C Jalen Sundell	S Rodney Thomas II 5
	T Abraham Lucas (3)		2023	LB Derick Hall 4
2018	P Michael Dickson (5c)		S Julian Love (UFA)	DE Mike Morris 4
			LB Patrick O'Connell	LB Patrick O'Connell 4
2016	DE Jarran Reed (2)		S Ty Okada	S Ty Okada 4
			LS Chris Stoll	C Olu Oluwatimi 4
			2022	DT Brandon Pili 4
			LB Uchenna Nwosu (UFA)	FB Brady Russell 4
			2019	WR Jaxon Smith-Njigba 4
			K Jason Myers (UFA)	LS Chris Stoll 4
				LB Drake Thomas 4
				RB Emanuel Wilson 4
				CB Devon Witherspoon 4
				TE AJ Barner 3
				G Christian Haynes 3
				RB George Holani 3
				LB Tyrice Knight 3
				DT Byron Murphy II 3
				CB Nehemiah Pritchett 3
				C Jalen Sundell 3
				TE Elijah Arroyo 2
				S Nick Emmanwori 2
				WR Montorie Foster Jr. 2
				WR Tory Horton 2
				TE Nick Kallerup 2
				DE Rylie Mills 2
				QB Jalen Milroe 2
				LB Connor O'Toole 2
				G Grey Zabel 2
				RB Robert Henry Jr. R
				CB Julian Neal R
				CB Avery Smith R
				G Beau Stephens R

2026 Seattle Seahawks Alphabetical Roster (Updated 10/6/26)

No.	Name	Pos.	Ht.	Wt.	Birthdate	Age	Exp.	College	Hometown	Acquired
18	Arroyo, Elijah	TE	6-5	254	4/5/2003	23	2	Miami	Frisco, Texas	D2(b)-'25
88	Barner, AJ	TE	6-6	251	5/3/2002	24	3	Michigan	Aurora, Ohio	D4(b)-'24
67	Cross, Charles	T	6-5	317	11/25/2000	25	5	Mississippi State	Laurel, Miss.	D1-'22
14	Darnold, Sam	QB	6-3	225	6/5/1997	29	9	USC	San Clemente, Calif.	UFA(Min)-'25
4	Dickson, Michael	P	6-2	208	1/4/1996	30	9	Texas	Sydney, Australia	D5(c)-'18
3	Emmanwori, Nick	S	6-3	220	2/7/2004	22	2	South Carolina	Irmo, S.C.	D2(a)-'25
87	Foster Jr., Montorie	WR	5-11	188	8/3/2001	24	2	Michigan State	Cleveland, Ohio	FA-'25
56	Fowler Jr., Dante	LB	6-3	264	8/3/1994	32	12	Florida	St. Petersburg, Fla.	FA-'26
58	Hall, Derick	LB	6-3	260	3/19/2001	25	4	Auburn	Gulfport, Miss.	D2(a)-'23
64	Haynes, Christian	G	6-3	317	4/13/2000	26	3	Connecticut	Bowie, Md.	D3-'24
34	Henry Jr., Robert	RB	5-9	199	12/31/2001	24	R	Texas-San Antonio	Lumberton, Miss.	PS(Was)-'26
36	Holani, George	RB	5-10	208	12/16/1999	26	3	Boise State	Bellflower, Calif.	FA-'24
15	Horton, Tory	WR	6-2	196	11/29/2002	23	2	Colorado State	Fresno, Calif.	D5(b)-'25
29	Jobe, Josh	CB	5-11	190	4/9/1998	28	5	Alabama	Miami, Fla.	FA-'24
13	Jones IV, Ernest	LB	6-2	233	11/22/1999	26	6	South Carolina	Waycross, Ga.	T(Ten)-'24
74	Jones, Josh	T	6-7	339	6/22/1997	29	7	Houston	Richmond, Texas	UFA(Bal)-'25
33	Jones Jr., Velus	RB	6-0	204	5/11/1997	29	5	Tennessee	Saraland, Ala.	FA-'25
89	Kallerup, Nick	TE	6-5	266	3/27/2001	25	2	Minnesota	Wayzata, Minn.	FA-'25
48	Knight, Tyrice	LB	6-0	233	12/20/1999	26	3	Texas-El Paso	Lakeland, Fla.	D4(a)-'24
10	Kupp, Cooper	WR	6-2	207	6/15/1993	33	10	Eastern Washington	Yakima, Wash.	FA-'25
0	Lawrence, DeMarcus	LB	6-3	254	4/28/1992	34	13	Boise State	Aiken, S.C.	UFA(Dal)-'25
2	Lock, Drew	QB	6-4	228	11/10/1996	29	8	Missouri	Columbia, Mo.	UFA(NYG)-'25
20	Love, Julian	S	5-11	195	3/19/1998	28	8	Notre Dame	Westchester, Ill.	UFA(NYG)-'23
72	Lucas, Abraham	T	6-6	322	10/15/1998	27	5	Washington State	Everett, Wash.	D3-'22
98	Mills, Rylie	DT	6-5	296	8/20/2001	25	2	Notre Dame	Lake Bluff, Ill.	D5(a)-'25
6	Milroe, Jalen	QB	6-2	216	12/13/2002	23	2	Alabama	Katy, Texas	D3-'25
94	Morris, Mike	DE	6-6	306	4/22/2001	25	4	Michigan	Belle Glade, Fla.	D5(a)-'23
91	Murphy II, Byron	NT	6-0	306	9/8/2002	24	3	Texas	DeSoto, Texas	D1-'24
5	Myers, Jason	K	5-10	190	5/12/1991	35	12	Marist	Chula Vista, Calif.	UFA(NYJ)-'19
1	Neal, Julian	CB	6-2	203	2/12/2003	23	R	Arkansas	San Francisco, Calif.	D3-'26
7	Nwosu, Uchenna	LB	6-2	265	12/28/1996	29	9	USC	Del Amo, Calif.	UFA(LAC)-'22
52	O'Connell, Patrick	LB	6-1	231	12/31/1998	27	4	Montana	Kalispell, Mont.	FA-'23
39	Okada, Ty	S	5-11	200	6/4/1999	25	4	Montana State	Woodbury, Minn.	FA-'23
55	Oluwatimi, Olu	C	6-2	309	8/5/1999	27	4	Michigan	Upper Marlboro, Md.	D5(b)-'23
57	O'Toole, Connor	LB	6-3	248	8/27/2002	24	2	Utah	Albuquerque, N.M.	FA-'25
95	Pili, Brandon	NT	6-3	334	4/2/1999	27	4	USC	Anchorage, Alaska	W(Mia)-'24
28	Pritchett, Nehemiah	CB	6-0	190	2/11/2001	25	3	Auburn	Jackson, Ala.	D5-'24
90	Reed, Jarran	DE	6-3	315	12/16/1992	33	11	Alabama	Goldsboro, N.C.	D2-'16
38	Russell, Brady	FB	6-3	250	8/31/1998	28	4	Colorado	Fort Collins, Colo.	PS(Phi)-'23
81	Saubert, Eric	TE	6-5	248	5/9/1994	32	9	Drake	Chicago, Ill.	FA-'25
22	Shaheed, Rashid	WR	6-0	180	8/31/1998	28	5	Weber State	San Diego, Calif.	T(NO)-'25
27	Smith, Avery	CB	5-11	196	1/1/2004	22	R	Toledo	East Point, Ga.	T(LAC)-'26
11	Smith-Njigba, Jaxon	WR	6-0	202	2/14/2002	24	4	Ohio State	Rockwall, Texas	D1(b)-'23
70	Stephens, Beau	G	6-5	315	11/1/2002	23	R	Iowa	Blue Springs, Mo.	D5-'26
41	Stoll, Chris	LS	6-2	255	8/3/1998	28	4	Penn State	Westerville, Ohio	FA-'23
61	Sundell, Jalen	C	6-5	301	10/18/1999	26	3	North Dakota State	Maryville, Mo.	FA-'24
44	Surratt, Chazz	LB	6-2	233	2/16/1997	29	6	North Carolina	Denver, N.C.	FA-'25
32	Thomas, Drake	LB	5-11	228	2/25/2000	26	4	North Carolina State	Raleigh, N.C.	W(Las)-'23
24	Thomas II, Rodney	S	6-1	196	6/26/1998	28	5	Yale	Pittsburgh, Pa.	UFA(Ind)-'26
99	Williams, Leonard	DT	6-5	310	6/20/1994	32	12	USC	Daytona Beach, Fla.	T(NYG)-'23
23	Wilson, Emanuel	RB	5-10	226	5/8/1999	27	5	Fort Valley State	Huntersville, N.C.	FA-'26
21	Witherspoon, Devon	CB	6-0	185	12/11/2000	25	4	Illinois	Pensacola, Fla.	D1(a)-'23
76	Zabel, Grey	G	6-6	316	3/30/2002	24	2	North Dakota State	Pierre, S.D.	D1-'25

Mike Macdonald (Head Coach), Aden Durde (Def. Coord.), Brian Fleury (Off. Coord.), Jay Harbaugh (Special Teams Coord.), John Benton (Sr. Off. Asst./OL), Mack Brown (TEs), Josh Byner (OLBs), Michael Byrne (Asst. TEs), Rob Caprice (Def. Asst.), Keller Chryst (Def. QC), Devin Fitzsimmons (Asst. Special Teams), Leslie Frazier (Asst. Head Coach), Thomas Garcia (Strength & Cond. Asst.), Thomas Hammock (Sr. Off. Asst./RBs), Justin Hinds (DL), Jeff Howard (Safeties), Frisman Jackson (WRs), Ivan Lewis (Dir. of Player Performance & Dev.), Quinshon Odom (Asst. OL), Tim Ojeda (Strength & Cond. Asst.), Kirk Olivadotti (Sr. Def. Asst.), Zach Orr (ILBs), Justin Outten (Run Game Coord.), Chris Partridge (Def. Run Game Coord.), Jake Peetz (Off. Passing Game Coord./QB), Mark Philipp (Associate Head Strength & Cond.), Tyson Prince (QB), Karl Scott (Def. Passing Game Coord./DB), Daniel Stern (Pass-Game Strategist), Neiko Thorpe (Def. Asst./DB), Danny van Dijk (Head Strength & Cond.), Johnathan Williams (Off. Asst.), Jamie Yanchar (Strength & Cond. Asst.).

2026 Seattle Seahawks Numerical Roster (updated 10/6/26)

No.	Name	Pos.	Ht.	Wt.	Birthdate	Age	Exp.	College	Hometown	Acquired
0	DeMarcus Lawrence	LB	6-3	254	4/28/1992	34	13	Boise State	Aiken, S.C.	UFA(Dal)-'25
1	Julian Neal	CB	6-2	203	2/12/2003	23	R	Arkansas	San Francisco, Calif.	D3-'26
2	Drew Lock	QB	6-4	228	11/10/1996	29	8	Missouri	Columbia, Mo.	UFA(NYG)-'25
3	Nick Emmanwori	S	6-3	220	2/7/2004	22	2	South Carolina	Irmo, S.C.	D2(a)-'25
4	Michael Dickson	P	6-2	208	1/4/1996	30	9	Texas	Sydney, Australia	D5(c)-'18
5	Jason Myers	K	5-10	190	5/12/1991	35	12	Marist	Chula Vista, Calif.	UFA(NYJ)-'19
6	Jalen Milroe	QB	6-2	216	12/13/2002	23	2	Alabama	Katy, Texas	D3-'25
7	Uchenna Nwosu	LB	6-2	265	12/28/1996	29	9	USC	Del Amo, Calif.	UFA(LAC)-'22
10	Cooper Kupp	WR	6-2	207	6/15/1993	33	10	Eastern Washington	Yakima, Wash.	FA-'25
11	Jaxon Smith-Njigba	WR	6-0	202	2/14/2002	24	4	Ohio State	Rockwall, Texas	D1(b)-'23
13	Ernest Jones IV	LB	6-2	233	11/22/1999	26	6	South Carolina	Waycross, Ga.	T(Ten)-'24
14	Sam Darnold	QB	6-3	225	6/5/1997	29	9	USC	San Clemente, Calif.	UFA(Min)-'25
15	Tory Horton	WR	6-2	196	11/29/2002	23	2	Colorado State	Fresno, Calif.	D5(b)-'25
18	Elijah Arroyo	TE	6-5	254	4/5/2003	23	2	Miami	Frisco, Texas	D2(b)-'25
20	Julian Love	S	5-11	195	3/19/1998	28	8	Notre Dame	Westchester, Ill.	UFA(NYG)-'23
21	Devon Witherspoon	CB	6-0	185	12/11/2000	25	4	Illinois	Pensacola, Fla.	D1(a)-'23
22	Rashid Shaheed	WR	6-0	180	8/31/1998	28	5	Weber State	San Diego, Calif.	T(NO)-'25
23	Emanuel Wilson	RB	5-10	226	5/8/1999	27	5	Fort Valley State	Huntersville, N.C.	FA-'26
24	Rodney Thomas II	S	6-1	196	6/26/1998	28	5	Yale	Pittsburgh, Pa.	UFA(Ind)-'26
27	Avery Smith	CB	5-11	196	1/1/2004	22	R	Toledo	East Point, Ga.	T(LAC)-'26
28	Nehemiah Pritchett	CB	6-0	190	2/11/2001	25	3	Auburn	Jackson, Ala.	D5-'24
29	Josh Jobe	CB	5-11	190	4/9/1998	28	5	Alabama	Miami, Fla.	FA-'24
32	Drake Thomas	LB	5-11	228	2/25/2000	26	4	North Carolina State	Raleigh, N.C.	W(Las)-'23
33	Velus Jones Jr.	RB	6-0	204	5/11/1997	29	5	Tennessee	Saraland, Ala.	FA-'25
34	Robert Henry Jr.	RB	5-9	199	12/31/2001	24	R	Texas-San Antonio	Lumberton, Miss.	PS(Was)-'26
36	George Holani	RB	5-10	208	12/16/1999	26	3	Boise State	Bellflower, Calif.	FA-'24
38	Brady Russell	FB	6-3	250	8/31/1998	28	4	Colorado	Fort Collins, Colo.	PS(Phi)-'23
39	Ty Okada	S	5-11	200	6/4/1999	25	4	Montana State	Woodbury, Minn.	FA-'23
41	Chris Stoll	LS	6-2	255	8/3/1998	28	4	Penn State	Westerville, Ohio	FA-'23
44	Chazz Surratt	LB	6-2	233	2/16/1997	29	6	North Carolina	Denver, N.C.	FA-'25
48	Tyrice Knight	LB	6-0	233	12/20/1999	26	3	Texas-El Paso	Lakeland, Fla.	D4(a)-'24
52	Patrick O'Connell	LB	6-1	231	12/31/1998	27	4	Montana	Kalispell, Mont.	FA-'23
55	Olu Oluwatimi	C	6-2	309	8/5/1999	27	4	Michigan	Upper Marlboro, Md.	D5(b)-'23
56	Dante Fowler Jr.	LB	6-3	264	8/3/1994	32	12	Florida	St. Petersburg, Fla.	FA-'26
57	Connor O'Toole	LB	6-3	248	8/27/2002	24	2	Utah	Albuquerque, N.M.	FA-'25
58	Derick Hall	LB	6-3	260	3/19/2001	25	4	Auburn	Gulfport, Miss.	D2(a)-'23
61	Jalen Sundell	C	6-5	301	10/18/1999	26	3	North Dakota State	Maryville, Mo.	FA-'24
64	Christian Haynes	G	6-3	317	4/13/2000	26	3	Connecticut	Bowie, Md.	D3-'24
67	Charles Cross	T	6-5	317	11/25/2000	25	5	Mississippi State	Laurel, Miss.	D1-'22
70	Beau Stephens	G	6-5	315	11/1/2002	23	R	Iowa	Blue Springs, Mo.	D5-'26
72	Abraham Lucas	T	6-6	322	10/15/1998	27	5	Washington State	Everett, Wash.	D3-'22
74	Josh Jones	T	6-7	339	6/22/1997	29	7	Houston	Richmond, Texas	UFA(Bal)-'25
76	Grey Zabel	G	6-6	316	3/30/2002	24	2	North Dakota State	Pierre, S.D.	D1-'25
81	Eric Saubert	TE	6-5	248	5/9/1994	32	9	Drake	Chicago, Ill.	FA-'25
87	Montorie Foster Jr.	WR	5-11	188	8/3/2001	24	2	Michigan State	Cleveland, Ohio	FA-'25
88	AJ Barner	TE	6-6	251	5/3/2002	24	3	Michigan	Aurora, Ohio	D4(b)-'24
89	Nick Kallerup	TE	6-5	266	3/27/2001	25	2	Minnesota	Wayzata, Minn.	FA-'25
90	Jarran Reed	DE	6-3	315	12/16/1992	33	11	Alabama	Goldsboro, N.C.	D2-'16
91	Byron Murphy II	NT	6-0	306	9/8/2002	24	3	Texas	DeSoto, Texas	D1-'24
94	Mike Morris	DE	6-6	306	4/22/2001	25	4	Michigan	Belle Glade, Fla.	D5(a)-'23
95	Brandon Pili	NT	6-3	334	4/2/1999	27	4	USC	Anchorage, Alaska	W(Mia)-'24
98	Rylie Mills	DT	6-5	296	8/20/2001	25	2	Notre Dame	Lake Bluff, Ill.	D5(a)-'25
99	Leonard Williams	DT	6-5	310	6/20/1994	32	12	USC	Daytona Beach, Fla.	T(NYG)-'23
<u>Practice Squad</u>										
16	Trevon Diggs	CB	6-1	202	9/20/1998	28	7	Alabama	Wheaton, Md.	FA-'26
35	Andre Fuller	CB	6-1	200	4/8/2002	24	R	Toledo	Loxahatchee, Fla.	D7(a)-'26
37	Michael Dansby	CB	5-11	185	7/22/2004	22	R	Arizona	Oakland, Calif.	D7(c)-'26
43	Maxen Hook	S	6-0	205	8/19/2001	25	2	Toledo	New Palestine, Ind.	FA-'25
46	Jimmy Ciarlo	LB	6-2	229	2/28/2001	25	3	Army	Ringwood, N.J.	FA-'26
60	Evan Beerntsen	G	6-3	302	9/19/2000	26	R	South Dakota State	Appleton, Wis.	FA-'26
62	Federico Maranges	C	6-3	302	10/5/2001	25	2	Florida Atlantic	Dorado, Puerto Rico	FA-'25
68	Bobby Hart	T	6-5	310	8/21/1994	32	12	Florida State	Fort Lauderdale, Fla.	FA-'26
73	Logan Brown	T	6-6	312	4/17/2001	24	2	Kansas	Grand Rapids, Mich.	FA-'25
77	Gary Smith III	DT	6-1	319	11/1/2001	24	R	UCLA	Shelbyville, Tenn.	FA-'26
83	Malick Meiga	WR	6-4	205	3/25/2001	25	1	Coastal Carolina	Montreal, Canada	FA-'26
84	Emmanuel Henderson Jr.	WR	6-1	185	3/21/2003	23	R	Kansas	Hartford, Ala.	D6-'26
86	Ricky White III	WR	6-1	181	2/6/2002	24	2	UNLV	Marietta, Ga.	D7(c)-'25
93	Aidan Hubbard	DE	6-4	259	3/15/2003	23	R	Northwestern	Cleveland, Ohio	FA-'26
97	Deven Eastern	NT	6-5	320	4/5/2003	23	R	Minnesota	Shakopee, Minn.	D7(b)-'26
<u>Injured Reserve</u>										
8	Jadarian Price	RB	5-11	203	10/9/2003	22	R	Notre Dame	Denison, Texas	D1-'26
9	Bud Clark	S	6-1	188	5/3/2002	24	R	Texas Christian	Alexandria, La.	D2-'26
19	Jake Bobo	WR	6-4	211	8/4/1998	28	4	Duke	Belmont, Mass.	FA-'23
40	Robbie Ouzts	FB	6-3	274	9/6/2002	24	2	Alabama	Rock Hill, S.C.	D5(c)-'25
75	Anthony Bradford	G	6-4	335	4/28/2001	25	4	Louisiana State	Muskegon, Mich.	D4(a)-'23
78	Mason Richman	T/G	6-5	307	5/7/2002	24	2	Iowa	Leawood, Kan.	D7(b)-'25
85	Irvin Charles	WR	6-4	219	4/13/1997	29	5	Indiana Univ. (Pa.)	Sicklerville, N.J.	T(NYJ)-'26
<u>Practice Squad/Injured Reserve</u>										
31	Jacardia Wright	RB	6-0	218	9/26/2000	26	2	Missouri State	Decatur, Ill.	FA-'25
<u>Reserve/Physically Unable to Perform</u>										
26	Zach Charbonnet	RB	6-1	220	1/8/2001	25	4	UCLA	Camarillo, Calif.	D2(b)-'23
<u>Exempt/Commissioner's Permission</u>										
17	Terrion Arnold	CB	6-0	195	3/22/2003	23	3	Alabama	Tallahassee, Fla.	FA-'26

2026 Seattle Seahawks Positional Roster (updated 10/6/26)

No.	Name	Pos.	Ht.	Wt.	Birthdate	Age	Exp.	College	Hometown	Acquired
1	Julian Neal	CB	6-2	203	2/12/2003	23	R	Arkansas	San Francisco, Calif.	D3-'26
21	Devon Witherspoon	CB	6-0	185	12/11/2000	25	4	Illinois	Pensacola, Fla.	D1(a)-'23
27	Avery Smith	CB	5-11	196	1/1/2004	22	R	Toledo	East Point, Ga.	T(LAC)-'26
28	Nehemiah Pritchett	CB	6-0	190	2/11/2001	25	3	Auburn	Jackson, Ala.	D5-'24
29	Josh Jobe	CB	5-11	190	4/9/1998	28	5	Alabama	Miami, Fla.	FA-'24
3	Nick Emmanwori	S	6-3	220	2/7/2004	22	2	South Carolina	Irmo, S.C.	D2(a)-'25
20	Julian Love	S	5-11	195	3/19/1998	28	8	Notre Dame	Westchester, Ill.	UFA(NYG)-'23
24	Rodney Thomas II	S	6-1	196	6/26/1998	28	5	Yale	Pittsburgh, Pa.	UFA(Ind)-'26
39	Ty Okada	S	5-11	200	6/4/1999	25	4	Montana State	Woodbury, Minn.	FA-'23
90	Jarran Reed	DE	6-3	315	12/16/1992	33	11	Alabama	Goldsboro, N.C.	D2-'16
94	Mike Morris	DE	6-6	306	4/22/2001	25	4	Michigan	Belle Glade, Fla.	D5(a)-'23
91	Byron Murphy II	NT	6-0	306	9/8/2002	24	3	Texas	DeSoto, Texas	D1-'24
95	Brandon Pili	NT	6-3	334	4/2/1999	27	4	USC	Anchorage, Alaska	W(Mia)-'24
98	Rylie Mills	DT	6-5	296	8/20/2001	25	2	Notre Dame	Lake Bluff, Ill.	D5(a)-'25
99	Leonard Williams	DT	6-5	310	6/20/1994	32	12	USC	Daytona Beach, Fla.	T(NYG)-'23
0	DeMarcus Lawrence	LB	6-3	254	4/28/1992	34	13	Boise State	Aiken, S.C.	UFA(Dal)-'25
7	Uchenna Nwosu	LB	6-2	265	12/28/1996	29	9	USC	Del Amo, Calif.	UFA(LAC)-'22
13	Ernest Jones IV	LB	6-2	233	11/22/1999	26	6	South Carolina	Waycross, Ga.	T(Ten)-'24
32	Drake Thomas	LB	5-11	228	2/25/2000	26	4	North Carolina State	Raleigh, N.C.	W(Las)-'23
44	Chazz Surratt	LB	6-2	233	2/16/1997	29	6	North Carolina	Denver, N.C.	FA-'25
48	Tyrice Knight	LB	6-0	233	12/20/1999	26	3	Texas-El Paso	Lakeland, Fla.	D4(a)-'24
52	Patrick O'Connell	LB	6-1	231	12/31/1998	27	4	Montana	Kalispell, Mont.	FA-'23
56	Dante Fowler Jr.	LB	6-3	264	8/3/1994	32	12	Florida	St. Petersburg, Fla.	FA-'26
57	Connor O'Toole	LB	6-3	248	8/27/2002	24	2	Utah	Albuquerque, N.M.	FA-'25
58	Derick Hall	LB	6-3	260	3/19/2001	25	4	Auburn	Gulfport, Miss.	D2(a)-'23
55	Olu Oluwatimi	C	6-2	309	8/5/1999	27	4	Michigan	Upper Marlboro, Md.	D5(b)-'23
61	Jalen Sundell	C	6-5	301	10/18/1999	26	3	North Dakota State	Maryville, Mo.	FA-'24
64	Christian Haynes	G	6-3	317	4/13/2000	26	3	Connecticut	Bowie, Md.	D3-'24
70	Beau Stephens	G	6-5	315	11/1/2002	23	R	Iowa	Blue Springs, Mo.	D5-'26
76	Grey Zabel	G	6-6	316	3/30/2002	24	2	North Dakota State	Pierre, S.D.	D1-'25
67	Charles Cross	T	6-5	317	11/25/2000	25	5	Mississippi State	Laurel, Miss.	D1-'22
72	Abraham Lucas	T	6-6	322	10/15/1998	27	5	Washington State	Everett, Wash.	D3-'22
74	Josh Jones	T	6-7	339	6/22/1997	29	7	Houston	Richmond, Texas	UFA(Bal)-'25
2	Drew Lock	QB	6-4	228	11/10/1996	29	8	Missouri	Columbia, Mo.	UFA(NYG)-'25
6	Jalen Milroe	QB	6-2	216	12/13/2002	23	2	Alabama	Katy, Texas	D3-'25
14	Sam Darnold	QB	6-3	225	6/5/1997	29	9	USC	San Clemente, Calif.	UFA(Min)-'25
23	Emanuel Wilson	RB	5-10	226	5/8/1999	27	5	Fort Valley State	Huntersville, N.C.	FA-'26
33	Velus Jones Jr.	RB	6-0	204	5/11/1997	29	5	Tennessee	Saraland, Ala.	FA-'25
34	Robert Henry Jr.	RB	5-9	199	12/31/2001	24	R	Texas-San Antonio	Lumberton, Miss.	PS(Was)-'26
36	George Holani	RB	5-10	208	12/16/1999	26	3	Boise State	Bellflower, Calif.	FA-'24
38	Brady Russell	FB	6-3	250	8/31/1998	28	4	Colorado	Fort Collins, Colo.	PS(Phi)-'23
18	Elijah Arroyo	TE	6-5	254	4/5/2003	23	2	Miami	Frisco, Texas	D2(b)-'25
81	Eric Saubert	TE	6-5	248	5/9/1994	32	9	Drake	Chicago, Ill.	FA-'25
88	AJ Barner	TE	6-6	251	5/3/2002	24	3	Michigan	Aurora, Ohio	D4(b)-'24
89	Nick Kallerup	TE	6-5	266	3/27/2001	25	2	Minnesota	Wayzata, Minn.	FA-'25
10	Cooper Kupp	WR	6-2	207	6/15/1993	33	10	Eastern Washington	Yakima, Wash.	FA-'25
11	Jaxon Smith-Njigba	WR	6-0	202	2/14/2002	24	4	Ohio State	Rockwall, Texas	D1(b)-'23
15	Tory Horton	WR	6-2	196	11/29/2002	23	2	Colorado State	Fresno, Calif.	D5(b)-'25
22	Rashid Shaheed	WR	6-0	180	8/31/1998	28	5	Weber State	San Diego, Calif.	T(NO)-'25
87	Montorie Foster Jr.	WR	5-11	188	8/3/2001	24	2	Michigan State	Cleveland, Ohio	FA-'25
4	Michael Dickson	P	6-2	208	1/4/1996	30	9	Texas	Sydney, Australia	D5(c)-'18
5	Jason Myers	K	5-10	190	5/12/1991	35	12	Marist	Chula Vista, Calif.	UFA(NYJ)-'19
41	Chris Stoll	LS	6-2	255	8/3/1998	28	4	Penn State	Westerville, Ohio	FA-'23

UNOFFICIAL DEPTH CHART

OFFENSE

WR	10 Cooper Kupp	22 Rashid Shaheed	87 Montorie Foster Jr.
LT	67 Charles Cross	74 Josh Jones	
LG	76 Grey Zabel	70 <u>Beau Stephens</u>	
C	61 Jalen Sundell	55 Olu Oluwatimi	
RG	64 Christian Haynes	70 <u>Beau Stephens</u>	
RT	72 Abraham Lucas	74 Josh Jones	
TE	88 AJ Barner	81 Eric Saubert	18 Elijah Arroyo
			89 Nick Kallerup
WR	11 Jaxon Smith-Njigba	15 Tory Horton	
QB	14 Sam Darnold	2 Drew Lock	6 Jalen Milroe
FB	38 Brady Russell		
RB	23 Emanuel Wilson	36 George Holani	33 Velus Jones Jr.
			34 <u>Robert Henry Jr.</u>

DEFENSE

DT	99 Leonard Williams	98 Rylie Mills	
NT	91 Byron Murphy II	95 Brandon Pili	
DE	90 Jarran Reed	94 Mike Morris	
RUSH	0 DeMarcus Lawrence	58 Derick Hall	
MLB	13 Ernest Jones IV	52 Patrick O'Connell	
WLB	32 Drake Thomas	48 Tyrice Knight	44 Chazz Surratt
SLB	7 Uchenna Nwosu	56 Dante Fowler Jr.	57 Connor O'Toole
CB	21 Devon Witherspoon	28 Nehemiah Pritchett	
CB	29 Josh Jobe	1 <u>Julian Neal</u>	27 <u>Avery Smith</u>
S	39 Ty Okada	24 Rodney Thomas II	
S	20 Julian Love		
S	3 Nick Emmanwori		

SPECIALISTS

K	5 Jason Myers	
P	4 Michael Dickson	
H	4 Michael Dickson	
PR	22 Rashid Shaheed	15 Tory Horton
KR	15 Tory Horton	22 Rashid Shaheed
LS	41 Chris Stoll	

() injured; Underline: Rookie

PRONUNCIATION GUIDE

Nick Emmanwori... EE-man-WORE-ee	Olu Oluwatimi...	Chris Stoll... stole
George Holani... ho-LAH-nee	OH-loo OH-loo-wah-TIMM-ee	Jalen Sundell... sun-DELL
Nick Kallerup... CAL-err-up	Brandon Pili... PEE-lee	Chazz Surratt... sir-RAT
Tyrice Knight... TY-rees	Jarran Reed... JARE-in	Devon Witherspoon... DEV-in
Uchenna Nwosu... oo-CHEH-nuh	Eric Saubert... SAW-bert	Grey Zabel... ZAY-bull
new-OH-soo	Rashid Shaheed... rah-SHEED	
Ty Okada... oh-KAH-duh	shuh-HEED	
	Jaxon Smith-Njigba... in-JIGG-buh	