



ISAAC ALARCON

OL × TECNOLÓGICO DE MONTERREY

67

6-7 × 320 × 7.27.98 × MONTERREY, MX × 1ST YEAR × ACQUIRED FA IN '24

GOLDMINE

- In 2023, the Dallas Cowboys moved Alarcon from the offensive line, where he played both guard and tackle, to defensive tackle. Alarcon, who had limited football experience in Mexico before joining the Cowboys, said he never played defense prior to this switch. However, in 2022 Alarcon played some defense on the Cowboys' scout team which gave the coaches a thought he could make the switch.



ALARCON'S GOLDEN NUGGETS

- Started playing football at the age of 14 (2012).
- In 2016, helped lead the Mexican team to a bronze medal at the U19 World Championship in China.

2024 (SAN FRANCISCO)

- Spent the season on the team's practice squad as part of the NFL's International Player Pathway program.

2023 (DALLAS)

- Spent the season on the team's practice squad as part of the NFL's International Player Pathway program.

2022 (DALLAS)

- Spent the season on the team's practice squad as part of the NFL's International Player Pathway program.

2021 (DALLAS)

- Spent the season on the team's practice squad as part of the NFL's International Player Pathway program.

2020 (DALLAS)

- Spent the season on the team's practice squad as part of the NFL's International Player Pathway program.

COLLEGE

Attended Tecnológico de Monterrey for four years (2016-19), where he won a National Championship before graduating in 2019.

PERSONAL

- Attended UANL (Monterrey, MX) HS.
- Majored in automotive design engineering at Monterrey Tech.
- Born Isaac Alarcón García (7/27/98) in Monterrey, Mexico.

ALARCON'S TRANSACTIONS

Originally signed as an undrafted free agent by Dal. in 2020...Waived by Dal. on 9/5/20...Signed to Dal. practice squad on 9/6/20...Signed to Reserve/Future contract with Dal. on 1/4/21... Signed to Reserve/Future contract with Dal. on 1/17/22...Waived by Dal. on 8/30/22...Signed to Dal. practice squad on 8/31/22...Signed to Reserve/Future contract with Dal. on 1/26/23...Waived by Dal. on 8/29/23...Signed to Dal. practice squad on 8/30/23...Signed to Reserve/Future contract with SF on 1/23/24...Waived by SF on 8/27/24...Signed to SF practice squad on 8/28/24...Signed to Reserve/Future contract with SF on 1/7/25.